

‘Teach us to pray.’

General Introduction.

Prayer is the opening of the heart to God as to a friend. Not that it is necessary in order to make known to God what we are, but in order to enable us to receive Him. Prayer does not bring God down to us, but brings us up to Him.

When Jesus was upon the earth, He taught His disciples how to pray. He directed them to present their daily needs before God, and to cast all their care upon Him. And the assurance He gave them that their petitions should be heard, is assurance also to us.

Jesus Himself, while He dwelt among men, was often in prayer. Our Saviour identified Himself with our needs and weakness, in that He became a suppliant, a petitioner, seeking from His Father fresh supplies of strength, that He might come forth braced for duty and trial. He is our example in all things. He is a brother in our infirmities, “in all points tempted like as we are;” but as the sinless one His nature recoiled from evil; He endured struggles and torture of soul in a world of sin. His humanity made prayer a necessity and a privilege. He found comfort and joy in communion with His Father. And if the Saviour of men, the Son of God, felt the need of prayer, how much more should feeble, sinful mortals feel the necessity of fervent, constant prayer. Our heavenly Father waits to bestow upon us the fullness of His blessing. It is our privilege to drink largely at the fountain of boundless love. What a wonder it is that we pray so little! God is ready and willing to hear the sincere prayer of the humblest of His children, and yet there is much manifest reluctance on our part to make known our wants to God. What can the angels of heaven think of poor helpless human beings, who are subject to temptation, when God’s heart of infinite love yearns toward them, ready to give them more than they can ask or think, and yet they pray so little and have so little faith? The angels love to bow before God; they love to be near Him. They regard communion with God as their highest joy; and yet the children of earth, who need so much the help that God only can give, seem satisfied to walk without the light of His Spirit, the companionship of His presence.

Steps to Christ, pages 93-94.

Lesson 1: ‘After this manner therefore pray ye’

MEMORY VERSE: ‘But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.’ Matthew 6:6.

STUDY HELP: *Thoughts from the Mount of Blessing, pages 102-122.*

Introduction

‘Jesus gives them no new form of prayer. That which He has before taught them He repeats, as if He would say, You need to understand what I have already given. It has a depth of meaning you have not yet fathomed. The Saviour does not, however, restrict us to the use of these exact words. As one with humanity, He presents His own ideal of prayer, words so simple that they may be adopted by the little child, yet so comprehensive that their significance can never be fully grasped by the greatest minds. We are taught to come to God with our tribute of thanksgiving, to make known our wants, to confess our sins, and to claim His mercy in accordance with His promise.’ *Thoughts from the Mount of Blessing, page 103.*

‘When ye pray, say “Our Father”’

1. How did Jesus teach us to address God? Was this a new insight into God? Luke 11:2, compare Psalm 89:26, Psalm 103:13, Isaiah 63:16, Isaiah 64:8.

NOTE: ‘Jesus teaches us to call His Father our Father. He is not ashamed to call us brethren. Hebrews 2:11. So ready, so eager, is the Saviour’s heart to welcome us as members of the family of God, that in the very first words we are to use in approaching God He places the assurance of our divine relationship, “Our Father.” Here is the announcement of that wonderful truth, so full of encouragement and comfort, that God loves us as He loves His Son. This is what Jesus said in His last prayer for His disciples, Thou “hast loved them, as Thou hast loved Me.” John 17:23.’ *Thoughts from the Mount of Blessing, page 104.*

2. How does Jesus make it possible for us to become sons and daughters of God? John 1:12.

NOTE: ‘Satan had claimed that it was impossible for man to obey God’s commandments; and in our own strength it is true that we cannot obey them. But Christ came in the form of humanity, and by His perfect obedience He proved that humanity and divinity combined can obey every one of God’s precepts. “As many as received Him, to them gave He power to become the sons of God, even to them that believe on His name.” John 1:12. This power is not in the human agent. It is the power of God. When a soul receives Christ, he receives power to live the life of Christ. God requires perfection of His children. His law is a transcript of His own character, and it is the standard of all character. This infinite standard is presented to all that there may be no mistake in regard to the kind of people whom God will have to compose His kingdom. The life of Christ on earth was a

perfect expression of God's law, and when those who claim to be children of God become Christlike in character, they will be obedient to God's commandments. Then the Lord can trust them to be of the number who shall compose the family of heaven. Clothed in the glorious apparel of Christ's righteousness, they have a place at the King's feast. They have a right to join the blood-washed throng.' *Christ's Object Lessons*, pages 314-315.

'Hallowed by Thy name'

3. In our prayers, how should we speak the name of God? Matthew 6:9.

NOTE: 'To hallow the name of the Lord requires that the words in which we speak of the Supreme Being be uttered with reverence. "Holy and reverend is His name." Psalm 111:9. We are never in any manner to treat lightly the titles or appellations of the Deity... When you pray, "Hallowed be Thy name," you ask that it may be hallowed in this world, hallowed in you. God has acknowledged you before men and angels as His child; pray that you may do no dishonour to the "worthy name by which ye are called." James 2:7. God sends you into the world as His representative. In every act of life you are to make manifest the name of God. This petition calls upon you to possess His character. You cannot hallow His name, you cannot represent Him to the world, unless in life and character you represent the very life and character of God.' *Thoughts from the Mount of Blessing*, page 106-107.

4. What prayer and petition should introduce our prayers? Matthew 6:9-10.

NOTE: 'The kingdom of God's grace is now being established, as day by day hearts that have been full of sin and rebellion yield to the sovereignty of His love. But the full establishment of the kingdom of His glory will not take place until the Second Coming of Christ to this world. "The kingdom and dominion, and the greatness of the kingdom under the whole heaven," is to be given to "the people of the saints of the Most High." Daniel 7:27. They shall inherit the kingdom prepared for them "from the foundation of the world." Matthew 25:34. And Christ will take to Himself His great power and will reign... The petition, "Thy will be done in earth, as it is in heaven," is a prayer that the reign of evil on this earth may be ended, that sin may be forever destroyed, and the kingdom of righteousness be established. Then in earth as in heaven will be fulfilled "all the good pleasure of His goodness." 2 Thessalonians 1:11.' *Thoughts from the Mount of Blessing*, pages 108-110.

'Give us day by day our daily bread'

5. How should our prayers demonstrate our dependence on God? Luke 11:3.

NOTE: 'When you have thus made God's service your first interest, you may ask with confidence that your own needs may be supplied. If you have renounced self and given yourself to Christ you are a member of the family of God, and everything in the Father's house is for you... Be not dismayed if you have not sufficient for tomorrow. You have the assurance of His promise, "So shalt thou dwell in the land, and verily thou shalt be fed." David says, "I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread." Psalm 37:3, 25. That God who sent the ravens to feed Elijah by the brook Cherith will not pass by one of His faithful, self-sacrificing children. Of him that walketh righteously it is written: "Bread shall be given him; his waters shall be sure." "They shall not be ashamed in the evil time: and in the days of famine they shall be satisfied."' *Thoughts from the Mount of Blessing*, pages 110-112.

6. For what other kind of bread do we need daily to pray? Matthew 4:4, John 6:27, 51.

NOTE: 'We receive Christ through His word, and the Holy Spirit is given to open the word of God to our understanding, and bring home its truths to our hearts. We are to pray day by day that as we read His word, God will send His Spirit to reveal to us the truth that will strengthen our souls for the day's need. In teaching us to ask every day for what we need, both temporal and spiritual blessings, God has a purpose to accomplish for our good. He would have us realise our dependence upon His constant care, for He is seeking to draw us into communion with Himself. In this communion with Christ, through prayer and the study of the great and precious truths of His word, we shall as hungry souls be fed; as those that thirst, we shall be refreshed at the fountain of life.' *Thoughts from the Mount of Blessing*, pages 112-113.

'Forgive us our sins'

7. What further petition should also be an essential part of our daily prayer? Luke 11:4, first part.

NOTE: 'Forgiveness has a broader meaning than many suppose. When God gives the promise that He "will abundantly pardon," He adds, as if the meaning of that promise exceeded all that we could comprehend: "My thoughts are not your thoughts, neither are your ways My ways, saith the Lord. For as the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts." Isaiah 55:7-9. God's forgiveness is not merely a judicial act by which He sets us free from condemnation. It is not only forgiveness for sin, but reclaiming from sin. It is the outflow of redeeming love that transforms the heart. David had the true conception of forgiveness when he prayed, "Create in me a clean heart, O God; and renew a right spirit within me." Psalm 51:10.' *Thoughts from the Mount of Blessing*, page 114.

8. What condition accompanies God's promise to forgive us as we confess? Matthew 6:14-15.

NOTE: 'We are not forgiven because we forgive, but as we forgive. The ground of all forgiveness is found in the unmerited love of God, but by our attitude toward others we show whether we have made that love our own. Wherefore Christ says, "With what judgement ye judge, ye shall be judged; and with what measure ye mete, it shall be measured to you again." Matthew 7:2.' *Christ's Object Lessons*, page 251.

‘Deliver us from the evil one’

9. What petition for divine guidance and protection should form part of our prayer? Luke 11:4, last part.

NOTE: ‘The prayer, “Bring us not into temptation,” is itself a promise. If we commit ourselves to God we have the assurance, He “will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.” 1 Corinthians 10:13. The only safeguard against evil is the indwelling of Christ in the heart through faith in His righteousness. It is because selfishness exists in our hearts that temptation has power over us. But when we behold the great love of God, selfishness appears to us in its hideous and repulsive character, and we desire to have it expelled from the soul. As the Holy Spirit glorifies Christ, our hearts are softened and subdued, the temptation loses its power, and the grace of Christ transforms the character.’ *Thoughts from the Mount of Blessing*, page 118.

10. What precious promises of deliverance may we claim in prayer? Psalm 50:15, Psalm 86:7, Psalm 91:15.

NOTE: ‘The promise, “My grace is sufficient” (2 Corinthians 12:9), has been fulfilled in my case. There can be no doubt on my part. My hours of pain have been hours of prayer, for I have known to whom to take my sorrows. I have the privilege of reinforcing my feeble strength by laying hold upon infinite power. By day and night I stand on the solid rock of God’s promises. My heart goes out to Jesus in loving trust. He knows what is best for me. My nights would be lonely did I not claim the promise, “Call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me” (Psalm 50:15).’ *Selected Messages Book 2*, page 240.

‘For Thine is the kingdom’

11. When Daniel was shown the succession of mighty persecuting powers, what assurance was he given? Daniel 2:44, Daniel 7:27.

NOTE: ‘Fearful perils are before those who bear responsibilities in the cause of God, perils the thought of which make me tremble. But the word comes, “My hand is upon the wheel, and I will not allow men to control My work for these last days. My hand is turning the wheel, and My providence will continue to work out the divine plans, irrespective of human inventions.” In the great closing work we shall meet with perplexities that we know not how to deal with, but let us not forget that the three great powers of heaven are working, that a divine hand is on the wheel, and that God will bring His purposes to pass.’ *Evangelism*, page 65.

12. What blessed hope and assurance should conclude our prayers? Matthew 6:13, last part.

NOTE: ‘We are now standing on the threshold of great and solemn events. A crisis is before us, such as the world has never witnessed. And sweetly to us, as to the first disciples, comes the assurance that God’s kingdom ruleth over all. The programme of coming events is in the hands of our Maker. The Majesty of heaven has the destiny of nations, as well as the concerns of His church, in His own charge... He who slumbers not, who is continually at work for the accomplishment of His designs, will carry forward His own work. He will thwart the purposes of wicked men, and will bring to confusion the counsels of those who plot mischief against His people. He who is the King, the Lord of hosts, sitteth between the cherubim, and amid the strife and tumult of nations He guards His children still. He who ruleth in the heavens is our Saviour. He measures every trial, He watches the furnace fire that must test every soul. When the strongholds of kings shall be overthrown, when the arrows of wrath shall strike through the hearts of His enemies, His people will be safe in His hands.’ *Thoughts from the Mount of Blessing*, page 121.

Lesson 2: ‘Why hast Thou forsaken me?’

MEMORY VERSE: ‘Out of the depths have I cried unto Thee, O LORD. Lord, hear my voice: let Thine ears be attentive to the voice of my supplications.’ Psalm 130:1-2.

STUDY HELP: *Early Writings*, pages 46-48.

Introduction

‘God in His great love is seeking to develop in us the precious graces of His Spirit. He permits us to encounter obstacles, persecution, and hardships, not as a curse, but as the greatest blessing of our lives. Every temptation resisted, every trial bravely borne, gives us a new experience and advances us in the work of character building. The soul that through divine power resists temptation reveals to the world and to the heavenly universe the efficiency of the grace of Christ.’ *Thoughts from the Mount of Blessing*, page 117.

‘As thy days, so shall thy strength be’

1. What precious counsel are we given by Christ? Matthew 6:34.

NOTE: “Be not therefore anxious for the morrow.” Matthew 6:34, Revised Version.

‘We are to follow Christ day by day. God does not bestow help for tomorrow. He does not give His children all the directions for their life journey at once, lest they should become confused. He tells them just as much as they can remember and perform. The strength and wisdom imparted are for the present emergency.’ *Desire of Ages*, page 313.

2. What counsel does the psalmist give? Psalm 55:22.

NOTE: 'You are to live for the present, for this day only. Tomorrow is not yours. Today you are to maintain the victory over self. Today you are to live a life of prayer. Today you are to fight the good fight of faith. Today you are to believe that God blesses you. And as you gain the victory over darkness and unbelief, you will meet the requirements of the Master, and will become a blessing to those around you.' *Signs of the Times*, October 20, 1887.

'I will be with thee'

3. What precious promises may we rely on in times of trouble? Isaiah 43:1-2, Isaiah 41:13.

NOTE: 'He who is the King, the Lord of hosts, sitteth between the cherubim, and amid the strife and tumult of nations He guards His children still. He who ruleth in the heavens is our Saviour. He measures every trial, He watches the furnace fire that must test every soul. When the strongholds of kings shall be overthrown, when the arrows of wrath shall strike through the hearts of His enemies, His people will be safe in His hands.' *Thoughts from the Mount of Blessing*, page 121.

4. What further confidence may we have in God? Romans 8:28.

NOTE: 'All that has perplexed us in the providences of God will in the world to come be made plain. The things hard to be understood will then find explanation. The mysteries of grace will unfold before us. Where our finite minds discovered only confusion and broken promises, we shall see the most perfect and beautiful harmony. We shall know that infinite love ordered the experiences that seemed most trying. As we realise the tender care of Him who makes all things work together for our good, we shall rejoice with joy unspeakable and full of glory.' *Testimonies Volume 9*, page 286.

'Rest in the Lord'

5. What purpose does God have in allowing trouble to come to His children? Hebrews 12:11.

NOTE: 'He who is imbued with the Spirit of Christ abides in Christ. Whatever comes to him comes from the Saviour, who surrounds him with His presence. Nothing can touch him except by the Lord's permission. All our sufferings and sorrows, all our temptations and trials, all our sadness and griefs, all our persecutions and privations, in short, all things work together for our good. All experiences and circumstances are God's workmen whereby good is brought to us.' *Ministry of Healing*, page 489.

6. When others treat us badly, what should our response be? Matthew 5:44-45, 1 Peter 3:9, Psalm 37:7-8.

NOTE: 'The most careful cultivation of the outward proprieties of life is not sufficient to shut out all fretfulness, harsh judgement, and unbecoming speech. True refinement will never be revealed so long as self is considered as the supreme object. Love must dwell in the heart. A thoroughgoing Christian draws his motives of action from his deep heart love for his Master. Up through the roots of his affection for Christ springs an unselfish interest in his brethren. Love imparts to its possessor grace, propriety, and comeliness of deportment. It illuminates the countenance and subdues the voice; it refines and elevates the whole being.' *Ministry of Healing*, page 490.

'The LORD will lighten my darkness'

7. To whom may we look when life seems dark? 2 Samuel 22:29.

NOTE: 'It is not wise to look to ourselves and study our emotions. If we do this, the enemy will present difficulties and temptations that weaken faith and destroy courage. Closely to study our emotions and give way to our feelings is to entertain doubt and entangle ourselves in perplexity. We are to look away from self to Jesus. When temptations assail you, when care, perplexity, and darkness seem to surround your soul, look to the place where you last saw the light.' *Ministry of Healing*, pages 249-250.

8. In times of sickness and pain, what promises will sustain us? Isaiah 46:3-4, Isaiah 41:10, Isaiah 49:14-16.

NOTE: 'Often your mind may be clouded because of pain. Then do not try to think. You know that Jesus loves you. He understands your weakness. You may do His will by simply resting in His arms.' *Ministry of Healing*, page 251.

'He knoweth the way that I take'

9. How did Job express his soul's anguish at the height of his trouble? Job 23:1-3, 8-9.

NOTE: 'The children of God are not left alone and defenceless. Prayer moves the arm of Omnipotence... If we surrender our lives to His service, we can never be placed in a position for which God has not made provision. Whatever may be our situation, we have a Guide to direct our way; whatever our perplexities, we have a sure Counsellor; whatever our sorrow, bereavement, or loneliness, we have a sympathising Friend. If in our ignorance we make missteps, Christ does not leave us. His voice, clear and distinct, is heard saying, "I am the Way, the Truth, and the Life." John 14:6. "He shall deliver the needy when he crieth; the poor also, and him that hath no helper." Psalm 72:12.' *Christ's Object Lessons*, pages 172-173.

10. How did Job express his trust in the Lord? Job 23:10.

NOTE: 'Our God is an ever-present help in every time of need. He is perfectly acquainted with the most secret thoughts of our heart, with all the intents and purposes of our souls. When we are in perplexity, even before we open to Him our distress, He is

making arrangements for our deliverance. Our sorrow is not unnoticed. He always knows much better than we do, just what is necessary for the good of His children, and He leads us as we would choose to be led if we could discern our own hearts and see our necessities and perils, as God sees them. But finite beings seldom know themselves. They do not understand their own weakness. God knows them better than they know themselves, and He understands how to lead them.' *Our High Calling*, page 316.

'Out of the depths'

11. What prayer may be ours in times of spiritual darkness? Psalm 130:1-8.

NOTE: 'O how privileged we are that we may come to Jesus just as we are and cast ourselves upon His love! We have no hope but in Jesus. He alone can reach us with His hand to lift us up out of the depths of discouragement and hopelessness and place our feet upon the Rock. Although the human soul may cling to Jesus with all the desperate sense of his great need, Jesus will cling to the souls bought by His own blood with a firmer grasp than the sinner clings to Him.' *That I May Know Him*, page 80.

12. What Bible pictures of God's love and care may we look to in times of trouble? Isaiah 32:2, Isaiah 25:4-5, 2 Samuel 22:2-3.

NOTE: 'Christ knows the strength of your temptations and the strength of your power to resist. His hand is always stretched out in pitying tenderness to every suffering child. To the tempted, discouraged one he says, Child for whom I suffered and died, cannot you trust Me? "As thy days, so shall thy strength be." "Commit thy way unto the Lord; trust also in Him; and He shall bring it to pass." . . . He will be to you as the shadow of a great rock in a weary land. He says, "Come unto Me, . . . and I will give you rest," rest that the world can neither give nor take away. Words cannot describe the peace and joy possessed by him who takes God at His word. Trials do not disturb him, slights do not vex him. Self is crucified. Day by day his duties may become more taxing, his temptations stronger, his trials more severe; but he does not falter; for he receives strength equal to his need.' *The Youth's Instructor*, June 26, 1902.

Lesson 3: 'LORD, Thou hast been our dwelling place'

MEMORY VERSE: 'Only take heed to thyself, and keep thy soul diligently, lest thou forget the things which thine eyes have seen, and lest they depart from thy heart all the days of thy life: but teach them thy sons, and thy sons' sons.' Deuteronomy 4:9.

STUDY HELP: *Evangelism*, pages 357-367.

Introduction

'We have nothing to fear for the future except as we shall forget the way the Lord has led us. We are now a strong people, if we will put our trust in the Lord; for we are handling the mighty truths of the word of God. We are everything to be thankful for. If we walk in the light as it shines upon us from the living oracles of God, we shall have large responsibilities, corresponding to the great light given us of God. We have many duties to perform because we have been made the depositories of sacred truth to be given to the world in all its beauty and glory. We are debtors to God to use every advantage He has entrusted to us to beautify the truth by holiness of character, and to send the messages of warning, and of comfort, of hope and love, to those who are in the darkness of error and sin.' *Testimonies to Ministers*, page 31.

'The eternal God is thy refuge'

1. How did Moses describe the unfailing watchcare of God over His people? Psalm 90:1-2, Deuteronomy 33:27.

NOTE: 'Christ is our tower of strength, and Satan can have no power over the soul that walks with God in humility of mind. The promise, "Let him take hold of My strength, that he may make peace with Me; and he shall make peace with Me." In Christ there is perfect and complete help for every tempted soul. Dangers beset every path, but the whole universe of heaven is standing on guard, that none may be tempted above that which he is able to bear. Some have strong traits of character, that will need to be constantly repressed. If kept under the control of the Spirit of God, these traits will be a blessing; but if not, they will prove a curse. If we will give ourselves unselfishly to the work, never swerving in the least from principle, the Lord will throw about us the everlasting arms, and will prove a mighty helper. If we will look to Jesus as the One in whom we may trust, He will never fail us in any emergency.' *My Life Today*, page 316..

2. Against what danger did Moses warn the people of Israel? Deuteronomy 8:10-14.

NOTE: 'How frequently were the waymarks set up by the Lord in His dealings with ancient Israel! Lest they should forget the history of the past, He commanded Moses to frame these events into song, that parents might teach them to their children. They were to gather up memorials and to lay them up in sight. Special pains were taken to preserve them, that when the children should inquire concerning these things, the whole story might be repeated. Thus the providential dealings and the marked goodness and mercy of God in His care and deliverance of His people were kept in mind. We are exhorted to "call to remembrance the former days, in which, after ye were illuminated, ye endured a great fight of afflictions" (Hebrews 10:32). For His people in this generation the Lord has wrought as a wonder-working God. We need often to recount God's goodness and to praise Him for His wonderful works.' *Conflict & Courage*, page 364.

‘My thoughts are not your thoughts’

3. What contrast between God and man should we always be aware of? Psalm 90:4-6. Isaiah 55:8-9.

NOTE: ‘Our plans are not always God’s plans. In His loving care and interest for us, often He who understands us better than we understand ourselves refuses to permit us selfishly to seek the gratification of our own ambition. Many things He ask us to yield to Him, but in doing this we are but giving up that which hinders us in the heavenward way. In the future life the mysteries that here have annoyed and disappointed us will be made plain. We shall see that our seemingly unanswered prayers and disappointed hopes have been among our greatest blessings.’ *Conflict & Courage*, page 228.

4. What effect should this have on our prayers? Ecclesiastes 5:2.

NOTE: ‘We should have more of a burden for souls, and should pray daily that strength and wisdom may be given us. Pray with them, and teach them how to pray. Let the heart be softened, and the petitions short and simple, but earnest. Let your words be few and well chosen; and let them learn from your lips and your example that the truth of God must be rooted in their hearts or they cannot stand the test of temptation.’ *Counsels on Sabbath School Work*, page 125.

‘Teach us to number our days’

5. How did Moses recall the brevity of human life? Psalm 90:10.

NOTE: ‘The human family have scarcely begun to live when they begin to die. The man who appreciates time as his working day will fit himself for a mansion and for a life that is immortal. It is well that he was born. We are admonished to redeem the time. But time squandered can never be recovered. We cannot call back even one moment. The only way in which we can redeem our time is by making the most of that which remains, by being co-workers with God in His great plan of redemption.’ *The Faith I Live By*, page 158.

6. In view of the brevity of life, what prayer should be ours? Psalm 90:12.

NOTE: ‘Our time belongs to God. Every moment is His, and we are under the most solemn obligation to improve it to His glory. Of no talent He has given will He require a more strict account than of our time. The value of time is beyond computation. Christ regarded every moment as precious, and it is thus that we should regard it. Life is too short to be trifled away. We have but a few days of probation in which to prepare for eternity. We have no time to waste, no time to devote to selfish pleasure, no time for the indulgence of sin. It is now that we are to form characters for the future, immortal life. It is now that we are to prepare for the searching judgement.’ *The Faith I Live By*, page 158.

‘Our secret sins in the light of Thy countenance’

7. Of what further fact should we be aware as we come to God in prayer? Jeremiah 16:17.

NOTE: ‘We cannot provide a robe of righteousness for ourselves, for the prophet says, “All our righteousness are as filthy rags” (Isaiah 64:6). There is nothing in us from which we can clothe the soul so that its nakedness shall not appear. We are to receive the robe of righteousness woven in the loom of heaven, even the spotless robe of Christ’s righteousness. God has made ample provision that we may stand perfect in His grace, wanting in nothing, waiting for the appearing of our Lord. Are you ready? Have you the wedding garment on? That garment will never cover deceit, impurity, corruption, or hypocrisy. The eye of God is upon you. It is a discernor of the thoughts and intents of the heart. We may conceal our sins from the eyes of men, but we can hide nothing from our Maker.’ *God’s Amazing Grace*, page 24.

8. What precious promises can we claim in prayer? John 6:37, Psalm 6:9, Micah 7:18-19.

NOTE: ‘The refining furnace is to remove the dross. When the Refiner sees His image reflected in you perfectly, He will remove you from the furnace. You will not be left to be consumed or to endure the fiery ordeal any longer than is necessary for your purification. But it is necessary for you, in order to reflect the divine image, to submit to the process the Refiner chooses for you, that you may be cleansed, purified, and every spot and blemish removed, not even a wrinkle left in your Christian character. May the Lord help you to choose to have the will and work of God accomplished in you. Look up! Jesus lives. Jesus loves. Jesus pities, and He will receive you with all your burden of care and trouble if you will come to Him and lay your burden upon Him. He has promised He will never leave or forsake those who put their trust in Him.’ *Our High Calling*, page 312.

‘Make us glad’

9. Who is the source of true joy? Psalm 16:11.

NOTE: ‘The religion of Jesus is joy, peace, and happiness. All Heaven is interested in the happiness of man. Our heavenly Father does not close the avenues of joy to any of His creatures. The divine requirements call upon us to shun those indulgences that would bring suffering and disappointment, that would close to us the door of happiness and heaven. He {the world’s Redeemer} requires us to perform only those duties that will lead our steps to heights of bliss to which the disobedient can never attain. The true, joyous life of the soul is to have Christ formed within, the hope of glory.’ *The Faith I Live By*, page 226.

10. From what knowledge may we gain joy? Psalm 5:11.

NOTE: 'Take God's word on trust, saying, He loves me: He gave His life for me; and He will save me. Look away from yourself to Jesus. Embrace Him as your Saviour. Cease to bemoan your helpless condition. Looking to Jesus, the author and finisher of your faith, you will be inspired with hope and will see the salvation of God. When you feel tempted to mourn, force your lips to utter the praises of God. "Rejoice in the Lord alway" (Philippians 4:4). Is He not worthy of praise? Then educate your lips to talk of His glory and to magnify His name. Today the Lord says to you, Be not discouraged, but cast your burdens upon Me. You cannot carry your own sins. I will take them all. If you will trust in Me, you will not want any good thing. Never has a soul that trusts in Jesus been left to perish. "I, even I, am he," the Lord declares, "that blotteth out thy transgressions for mine own sake, and will not remember thy sins.'" *In Heavenly Places*, page 116.

'Let the beauty of the LORD our God be upon us'

11. What was the final thought of Moses' prayer? Psalm 90:17.

NOTE: 'God is a lover of the beautiful, but that which He most loves is a beautiful character. It is beauty of character that shall not perish, but last through the ceaseless ages of eternity. The great Master-Artist has taken thought for the lilies, making them so beautiful that they outshine the glory of Solomon. How much more does He care for man, who is the image and glory of God. He longs to see His children reveal a character after His similitude. As the sunbeam imparts to the flowers their varied and delicate tints, so does God impart to the soul the beauty of His own character.' *My Life Today*, page 270.

12. When beauty of character is seen in God's people, what can we expect to happen? Revelation 19:7-8, Mark 4:29. (Compare Galatians 5:22-23.)

NOTE: 'There can be no growth or fruitfulness in the life that is centred in self. If you have accepted Christ as a personal Saviour, you are to forget yourself, and try to help others. Talk of the love of Christ, tell of His goodness. Do every duty that presents itself. Carry the burden of souls upon your heart, and by every means in your power seek to save the lost. As you receive the Spirit of Christ, the Spirit of unselfish love and labour for others, you will grow and bring forth fruit. The graces of the Spirit will ripen in your character. Your faith will increase, your convictions deepen, your love be made perfect. More and more you will reflect the likeness of Christ in all that is pure, noble, and lovely. "The fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance." Galatians 5:22, 23. This fruit can never perish, but will produce after its kind a harvest unto eternal life. "When the fruit is brought forth, immediately he putteth in the sickle, because the harvest is come." Christ is waiting with longing desire for the manifestation of Himself in His church. When the character of Christ shall be perfectly reproduced in His people, then He will come to claim them as His own.' *Christ's Object Lessons*, pages 67-9.

Lesson 4: 'Men ought always to pray, and not to faint'

MEMORY VERSE: 'Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints.' Ephesians 6:18.

STUDY HELP: *Christ's Object Lessons*, page 164-180.

Introduction

'Christ's lessons in regard to prayer should be carefully considered. There is a divine science in prayer, and His illustration [Luke 11:5-13] brings to view principles that all need to understand. He shows what is the true spirit of prayer, He teaches the necessity of perseverance in presenting our requests to God, and assures us of His willingness to hear and answer prayer.' *Christ's Object Lessons*, page 142.

'Ask and it shall be given you'

1. What instruction is given concerning perseverance in prayer? Luke 11:9.

NOTE: 'Without unceasing prayer and diligent watching we are in danger of growing careless and of deviating from the right path. The adversary seeks continually to obstruct the way to the mercy seat, that we may not by earnest supplication and faith obtain grace and power to resist temptation.' *Steps to Christ*, page 95.

2. What promise accompanies this instruction? Luke 11:10.

NOTE: 'He who truly seeks for the precious grace of Christ will be sure not to be disappointed. This promise has been given to us by Him who will not deceive us. It is not stated as a maxim or a theory, but as a fact, as a law of the divine government. We can be assured that we shall receive the Holy Spirit if we individually try the experiment of testing God's word. God is true; His order is perfect. Light and truth will shine forth according to the desire of the soul. O that all would hunger and thirst after righteousness, that they might be filled!' *In Heavenly Places*, page 336.

'He will rise and give'

3. What illustration did Jesus use to explain the need for perseverance in prayer? Luke 11:5-8.

NOTE: 'We should feel very sad if we could not have the privilege of approaching God, to lay before Him all our weaknesses and our infirmities, to tell the compassionate Saviour all about these things, believing that He hears our petitions. Sometimes answers to our prayers come immediately; sometimes we have to wait patiently and continue earnestly to plead for the things that we need, our cases being illustrated by the case of the importunate solicitor for bread. "Which of you shall have a friend, and shall go unto him at midnight," etc. This lesson means more than we can imagine. We are to keep on asking, even if we do not realise the immediate response to our prayers.' *Counsels on Health*, page 380.

4. What further parable did Jesus tell to illustrate this truth? Luke 18:1-8.

NOTE: 'Christ here draws a sharp contrast between the unjust judge and God. The judge yielded to the widow's request merely through selfishness, that he might be relieved of her importunity. He felt for her no pity or compassion; her misery was nothing to him. How different is the attitude of God toward those who seek Him. The appeals of the needy and distressed are considered by Him with infinite compassion.' *Christ's Object Lessons*, page 165.

'The Lord says, "Call upon Me in the day of trouble." Psalm 50:15. He invites us to present to Him our perplexities and necessities, and our need of divine help. He bids us be instant in prayer. As soon as difficulties arise, we are to offer to Him our sincere, earnest petitions. By our importunate prayers we give evidence of our strong confidence in God. The sense of our need leads us to pray earnestly, and our heavenly Father is moved by our supplications. Often those who suffer reproach or persecution for their faith are tempted to think themselves forsaken by God. In the eyes of men they are in the minority. To all appearance their enemies triumph over them. But let them not violate their conscience. He who has suffered in their behalf, and has borne their sorrows and afflictions, has not forsaken them.' *Christ's Object Lessons*, page 172.

'A man subject to like passions as we are'

5. What example of persevering prayer did James give? James 5:17-18.

NOTE: 'Heaven is not closed against the fervent prayers of the righteous. Elijah was a man subject to like passions as we are, yet the Lord heard, and in a most striking manner answered his petitions. The only reason for our lack of power with God is to be found in ourselves. If the inner life of many who profess the truth were presented before them, they would not claim to be Christians. They are not growing in grace. A hurried prayer is offered now and then, but there is no real communion with God. We must be much in prayer if we would make progress in the divine life.' *My Life Today*, page 17.

6. How did Elijah demonstrate faith and perseverance in prayer? 1 Kings 18:41-44.

NOTE: 'Elijah did not wait for the heavens to gather blackness. In that small cloud he beheld by faith an abundance of rain; and he acted in harmony with his faith. As he prayed, his faith reached out and grasped the promises of Heaven, and he persevered in prayer until his petitions were answered. He did not wait for the full evidence that God had heard him, but was willing to venture all on the slightest token of divine favour. And yet what he was enabled to do under God, all may do in their sphere of activity in God's service.' *Conflict & Courage*, page 211.

'I asked the angel why there was no more faith and power in Israel. He said, "Ye let go of the arm of the Lord too soon. Press your petitions to the throne, and hold on by strong faith. The promises are sure. Believe ye receive the things ye ask for, and ye shall have them." I was then pointed to Elijah. He was subject to like passions as we are, and he prayed earnestly. His faith endured the trial. Seven times he prayed before the Lord, and at last the cloud was seen. I saw that we had doubted the sure promises, and wounded the Saviour by our lack of faith.' *Early Writings*, page 73.

'She continued praying before the Lord'

7. What further example of perseverance in prayer is found in the life of Hannah? 1 Samuel 1:10-13.

NOTE: 'There is a mighty power in prayer. Our great adversary is constantly seeking to keep the troubled soul away from God. An appeal to Heaven by the humblest saint is more to be dreaded by Satan than the decrees of cabinets or the mandates of kings. Hannah's prayer was unheard by mortal ear, but entered the ear of the Lord of hosts. Earnestly she pleaded that God would take away her reproach, and grant her the boon most highly prized by women of that age, the blessing of motherhood. As she wrestled in prayer, her voice uttered no sound, but her lips moved and her countenance gave evidence of deep emotion. And now another trial awaited the humble suppliant. As the eye of Eli the high priest fell upon her, he hastily decided that she was intoxicated. Feasting revelry had well-nigh supplanted true godliness among the people of Israel. Instances of intemperance, even among women, were of frequent occurrence, and now Eli determined to administer what he considered a deserved rebuke. "How long wilt thou be drunken? Put away thy wine from thee." Hannah had been communing with God. She believed that her prayer had been heard, and the peace of Christ filled her heart.' *Signs of the Times*, October 27, 1881.

8. How did Hannah express her gratitude at the answer to her prayer? 1 Samuel 2:1-10.

NOTE: 'When separated from her child, the faithful mother's solicitude did not cease. Every day he was the subject of her prayers. Every year she made, with her own hands, a robe of service for him; and as she went up with her husband to worship at Shiloh, she gave the child this reminder of her love. Every fibre of the little garment had been woven with a prayer that he might be pure, noble, and true. She did not ask for her son worldly greatness, but she earnestly pleaded that he might attain that greatness which Heaven values, that he might honour God and bless his fellow men.' *Patriarchs & Prophets*, page 572.

'O woman, great is thy faith'

9. What example of persistence in prayer is recorded in the life of Christ? Matthew 15:21-28.

NOTE: 'There is no danger that the Lord will neglect the prayers of His people. The danger is that in temptation and trial they will become discouraged, and fail to persevere in prayer. The Saviour manifested divine compassion toward the Syro-Phoenician woman. His heart was touched as He saw her grief. He longed to give her an immediate assurance that her prayer was heard; but He desired to teach His disciples a lesson, and for a time He seemed to neglect the cry of her tortured heart. When her faith had been made manifest, He spoke to her words of commendation and sent her away with the precious boon she had asked. The disciples never forgot this lesson, and it is placed on record to show the result of persevering prayer.' *Christ's Object Lessons*, page 175.

10. What was the lesson that Christ desired to teach from this experience? Matthew 15:24. Compare Acts 10:28.

NOTE: 'When He said, "I am not sent but unto the lost sheep of the house of Israel," He stated the truth, and in His work for the Canaanite woman He was fulfilling His commission. This woman was one of the lost sheep that Israel should have rescued. It was their appointed work, the work which they had neglected, that Christ was doing. This act opened the minds of the disciples more fully to the labour that lay before them among the Gentiles. They saw a wide field of usefulness outside of Judea. They saw souls bearing sorrows unknown to those more highly favoured. Among those whom they had been taught to despise were souls longing for help from the mighty Healer, hungering for the light of truth, which had been so abundantly given to the Jews.' *Desire of Ages*, page 402.

'He had power over the angel and prevailed'

11. What was the reason for Jacob's success in his all-night struggle? Genesis 32:24-26. Compare Hosea 12:4, first part.

NOTE: 'Jacob prevailed because he was persevering and determined. His victory is an evidence of the power of importunate prayer. All who will lay hold of God's promises, as he did, and be as earnest and persevering as he was, will succeed as he succeeded. Those who are unwilling to deny self, to agonise before God, to pray long and earnestly for His blessing, will not obtain it. Wrestling with God, how few know what it is! How few have ever had their souls drawn out after God with intensity of desire until every power is on the stretch! When waves of despair which no language can express sweep over the suppliant, how few cling with unyielding faith to the promises of God!' *Great Controversy*, page 621.

12. What precious promise is for those who will go through the time of Jacob's trouble? Jeremiah 30:7.

NOTE: 'When in his distress Jacob laid hold of the Angel, and made supplication with tears, the heavenly Messenger, in order to try his faith, also reminded him of his sin, and endeavoured to escape from him. But Jacob would not be turned away. He had learned that God is merciful, and he cast himself upon His mercy. He pointed back to his repentance for his sin, and pleaded for deliverance. As he reviewed his life, he was driven almost to despair; but he held fast the Angel, and with earnest, agonising cries urged his petition until he prevailed. Such will be the experience of God's people in their final struggle with the powers of evil. God will test their faith, their perseverance, their confidence in His power to deliver them. Satan will endeavour to terrify them with the thought that their cases are hopeless; that their sins have been too great to receive pardon. They will have a deep sense of their shortcomings, and as they review their lives their hopes will sink. But remembering the greatness of God's mercy, and their own sincere repentance, they will plead His promises made through Christ to helpless, repenting sinners. Their faith will not fail because their prayers are not immediately answered. They will lay hold of the strength of God, as Jacob laid hold of the Angel, and the language of their souls will be, "I will not let Thee go, except Thou bless me."' *Patriarchs & Prophets*, pages 201-202.

Lesson 5: 'Have mercy upon me, O God, according to Thy lovingkindness'

MEMORY VERSE: 'And the publican, standing afar off, would not lift up so much as his eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner.' Luke 18:13.

STUDY HELP: *Steps to Christ*, pages 23-35.

Introduction

'Our sins caused Jesus to die a shameful death, that through His sufferings and death we might receive pardon. Can we receive the forgiveness of sins before we feel that we are sinners and before we realise the sinfulness of sin? I think not. When we repent before God of our sins sincerely, we shall feel that without the pardoning blood of Christ we must perish. If we cast ourselves in our wretchedness wholly upon the mercy of Christ, and feel that unless He saves us we perish; when we yield our own will, our own way, and plead for Jesus to control our will and actions, then we come into a position where we can receive and appreciate pardon and the forgiveness of sin.' *An Appeal to the Youth*, page 67.

'I had not known sin but by the law'

1. What has God given to mankind to explain what sin is? Romans 3:20, last part, Romans 7:7.

NOTE: 'The first step in reconciliation to God is the conviction of sin. "By the law is the knowledge of sin" (Romans 3:20). In order to see his guilt, the sinner must test his character by God's great standard of righteousness. It is a mirror which shows the

perfection of a righteous character and enables him to discern the defects of his own. The law reveals to man his sin. It declares that death is the portion of the transgressor.' *God's Amazing Grace*, page 20.

2. Is a person condemned when he does not know he is breaking God's law? Romans 5:13, last part. (Compare Romans 2:14-15.)

NOTE: 'In His sufferings and death Jesus has made atonement for all sins of ignorance, but there is no provision made for wilful blindness. We shall not be held accountable for the light that has not reached our perception, but for that which we have resisted and refused. A man could not apprehend the truth which had never been presented to him, and therefore could not be condemned for light he had never had.' *Last Day Events*, page 218.

'Thou art the man'

3. What means has God given for people to be convicted of their sins? John 16:7-9.

NOTE: 'The office of the Holy Spirit is distinctly specified in the words of Christ: "When He is come, He will reprove the world of sin, and of righteousness, and of judgement." John 16:8. It is the Holy Spirit that convicts of sin. If the sinner responds to the quickening influence of the Spirit, he will be brought to repentance and aroused to the importance of obeying the divine requirements.' *Acts of the Apostles*, page 52.

4. What means did the Lord use to convict David of sin? 2 Samuel 12:1-13.

NOTE: 'The prophet Nathan's parable of the ewe lamb, given to King David, may be studied by all. While he was following his course of self-indulgence and commandment breaking, the parable of a rich man who took from a poor man his one ewe lamb, was presented before him. But the king was so completely wrapped in his garments of sin, that he did not see that he was the sinner. He fell into the trap, and passed his sentence upon another man, as he supposed, condemning him to death. This experience was most painful to David, but it was most beneficial. But for the mirror which Nathan held up before him, in which he so clearly recognised his own likeness, he would have gone on unconvicted of his heinous sin, and would have been ruined. The conviction of his guilt was the saving of his soul. He saw himself in another light, as the Lord saw him, and as long as he lived he repented of his sin.' *Conflict & Courage*, page 179.

'Mine iniquity have I not hid'

5. What did David do once he was convicted of his sin? Psalm 32:5, first part. Compare Jeremiah 3:12-13.

NOTE: 'David awakens as from a dream. He feels the sense of his sin. He does not seek to excuse his course, or palliate his sin, as did Saul; but with remorse and sincere grief, he bows his head before the prophet of God, and acknowledges his guilt.' *SDA Bible Commentary, Volume 2*, page 1023.

'The divine rebuke is upon that false sympathy for the sinner which endeavours to excuse his sin. It is the effect of sin to deaden the moral perceptions, so that the wrongdoer does not realise the enormity of transgression, and without the convicting power of the Holy Spirit he remains in partial blindness to his sin.' *Patriarchs & Prophets*, page 361.

'Those who have not humbled their souls before God in acknowledging their guilt have not yet fulfilled the first condition of acceptance.' *Mind, Character & Personality, Volume 2*, page 456.

The psalmist says, "I acknowledged my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the Lord; and thou forgavest the iniquity of my sin." This is the kind of experience that we should have.' *Our High Calling*, page 83.

6. In what words did David acknowledge his sin? Psalm 51:3-4.

NOTE: 'How willing is Christ to take possession of the soul temple if we will let Him! He is represented as waiting and knocking at the door of the heart. Then why does He not enter? It is because the love of sin has closed the door of the heart. As soon as we consent to give sin up, to acknowledge our guilt, the barrier is removed between the soul and the Saviour.' *Selected Messages, Volume 1*, page 325.

'Whoso confesseth and forsaketh his sins shall have mercy'

7. While it is not God's will that we should sin, what precious assurance is the sinner given? 1 John 2:1.

NOTE: 'It is not God's will that you should be distrustful and torture your soul with the fear that God will not accept you because you are sinful and unworthy. "Draw nigh to God, and He will draw nigh to you" (James 4:8). Present your case before Him, pleading the merits of the blood shed for you upon Calvary's cross. Satan will accuse you of being a great sinner, and you must admit this, but you can say: "I know I am a sinner, and that is the reason I need a Saviour. Jesus came into the world to save sinners. 'The blood of Jesus Christ His Son cleanseth us from all sin' (1 John 1:7). 'If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness' (verse 9). I have no merit or goodness whereby I may claim salvation, but I present before God the all-atoning blood of the spotless Lamb of God, which taketh away the sin of the world. This is my only plea. The name of Jesus gives me access to the Father. His ear, His heart, is open to my faintest pleading, and He supplies my deepest necessities.'" *Faith & Works*, page 105.

8. How specific should be our confession of sin? Leviticus 5:5.

NOTE: 'True confession is always of a specific character, and acknowledges particular sins. They may be of such a nature as to be brought before God only; they may be wrongs that should be confessed to individuals who have suffered injury through

them; or they may be of a public character, and should then be as publicly confessed. But all confession should be definite and to the point, acknowledging the very sins of which you are guilty. Many, many confessions should never be spoken in the hearing of mortals; for the result is that which the limited judgement of finite beings does not anticipate. God will be better glorified if we confess the secret, inbred corruption of the heart to Jesus alone than if we open its recesses to finite, erring man, who cannot judge righteously unless his heart is constantly imbued with the Spirit of God. Do not pour into human ears the story which God alone should hear. The confession that is the outpouring of the inmost soul finds its way to the God of infinite pity.' *The Faith I Live By*, page 128.

'Let the wicked forsake his way'

9. In addition to confessing our sins, what further condition must be met to obtain mercy from God? Proverbs 28:13.

NOTE: 'Those who are unwilling to forsake every sin and to seek earnestly for God's blessing, will not obtain it. But all who will lay hold of God's promises as did Jacob, and be as earnest and persevering as he was, will succeed as he succeeded.' *Patriarchs and Prophets*, page 203.

'Satan does not want anyone to see the necessity of an entire surrender to God. When the soul fails to make this surrender, sin is not forsaken; the appetites and passions are striving for the mastery; temptations confuse the conscience, so that true conversion does not take place.' *Evangelism*, page 317.

10. What precious promise is given to the one who is willing to forsake his sins? Isaiah 55:7.

NOTE: 'The conditions of obtaining mercy from God are simple and reasonable. The Lord does not require us to do some grievous thing in order to gain forgiveness. We need not make long and wearisome pilgrimages, or perform painful penances, to commend our souls to the God of heaven or to expiate our transgression. He that "confesseth and forsaketh" his sin "shall have mercy."' Proverbs 28:13.' *Acts of the Apostles*, page 552.

'Search me, O God'

11. What work was required of the people of Israel in preparation for the Day of Atonement? Leviticus 16:29, 31, Leviticus 23:27, 32.

NOTE: 'We are now living in the great day of atonement. All who would have their names retained in the book of life should now, in the few remaining days of their probation, afflict their souls before God by sorrow for sin and true repentance. There must be deep, faithful searching of heart.' *God's Amazing Grace*, page 69.

'Cleansing the outside of the cup will never make the vessel pure within. A nominal acceptance of truth is good as far as it goes, and the ability to give a reason for our faith is a good accomplishment, but if the truth does not go deeper than this, the soul will never be saved. The heart must be purified from all moral defilement. "I know also my God, that thou triest the heart, and hast pleasure in uprightness." 1 Chronicles 29:17.' *Our High Calling*, page 142.

12. What prayer of David's should be ours as we prepare to meet our God? Psalm 139:23-24.

NOTE: 'The enemy will come in, and try to draw our minds away from the important work to be done for this time. He will seek to keep us engaged on trivial matters, to make us think that it is our province to criticise and condemn others; but our work is to deal faithfully with our own souls. We must search our hearts and see if we are right in the sight of God. Peter said to Christ in regard to John, "Lord, and what shall this man do?" But the Lord answered him, "What is that to thee? Follow thou me." We each have a work to do for ourselves, and while we are criticising others, we are neglecting the most important work of all.' *Second Advent Review & Sabbath Herald*, May 15, 1913

'Will you wrestle with God... until you know that He reveals Himself to you? There are sins that afflict your souls; your sins grieve you. Will you say, "Now, Lord, I must have pardon written opposite my name," and wrestle and plead with God, laying hold upon the righteousness of Christ. "He must save; I believe in Him; I take Him at His word." Now, brethren, what shall we do?' *Faith & Works*, page 75.

Lesson 6: 'My house shall be called the house of prayer'

MEMORY VERSE: 'And hearken Thou to the supplication of Thy servant, and of Thy people Israel, when they shall pray toward this place: and hear Thou in heaven Thy dwelling place: and when Thou hearest, forgive.' 1 Kings 8:30.

STUDY HELP: *Gospel Workers*, pages 175-179.

Introduction

'The Pharisees had stated hours for prayer; and when, as often came to pass, they were abroad at the appointed time, they would pause wherever they might be, perhaps in the street or in the marketplace, amid the hurrying throng of men, and there in a loud voice rehearse their formal prayers. Such worship, offered merely for self-glorification, called forth unsparing rebuke from Jesus. Yet He did not discountenance public prayer; for He Himself prayed with His disciples and with the multitude. But He impressed upon His disciples the thought that their public prayers should be short.' *Gospel Workers*, page 175.

‘Reverence My sanctuary’

1. How did Jacob regard the place where he encountered God? Genesis 28:16-17.

NOTE: ‘Parents, elevate the standard of Christianity in the minds of your children; help them to weave Jesus into their experience; teach them to have the highest reverence for the house of God and to understand that when they enter the Lord’s house, it should be with hearts that are softened and subdued by such thoughts as these: “God is here; this is His house. I must have pure thoughts and the holiest motives. I must have no pride, envy, jealousy, evil surmising, hatred, or deception in my heart; for I am coming into the presence of the holy God. This is the place where God meets with and blesses His people. The high and holy One who inhabiteth eternity looks upon me, searches my heart, and reads the most secret thoughts and acts of my life.”’ *Child Guidance*, page 541.

2. What command did the Lord give His people regarding His sanctuary? Leviticus 26:2.

NOTE: ‘There should be an intelligent knowledge of how to come to God in reverence and Godly fear with devotional love. There is a growing lack of reverence for our Maker, a growing disregard of His greatness and His majesty.’ *Selected Messages Book 2*, page 315.

‘True reverence for God is inspired by a sense of His infinite greatness and a realisation of His presence. With this sense of the Unseen, every heart should be deeply impressed. The hour and place of prayer are sacred, because God is there. And as reverence is manifested in attitude and demeanour, the feeling that inspires it will be deepened. “Holy and reverend is His name,” the psalmist declares. Psalm 111:9. Angels, when they speak that name, veil their faces. With what reverence, then, should we, who are fallen and sinful, take it upon our lips! Well would it be for old and young to ponder those words of Scripture that show how the place marked by God’s special presence should be regarded. “Put off thy shoes from off thy feet,” He commanded Moses at the burning bush, “for the place whereon thou standest is holy ground.” Exodus 3:5. Jacob, after beholding the vision of the angel, exclaimed, “The Lord is in this place; and I knew it not. . . . This is none other but the house of God, and this is the gate of heaven.” Genesis 28:16, 17.’ *Prophets & Kings*, page 49.

‘Holy and reverend is His name’

3. What attitude is appropriate when we come before the Lord in prayer? Psalm 95:6. Compare 1 Kings 8:54, Daniel 6:10, Luke 22:41.

NOTE: ‘Both in public and in private worship, it is our privilege to bow on our knees before the Lord when we offer our petitions to Him. Jesus, our example, “kneeled down, and prayed.” [Luke 22:41.] Of His disciples it is recorded that they, too, “kneeled down, and prayed.” [Acts 9:40; 20:36, 21:5.] Paul declared, “I bow my knees unto the Father of our Lord Jesus Christ.” [Ephesians 3:14.] In confessing before God the sins of Israel, Ezra knelt. [See Ezra 9:5.] Daniel “kneeled upon his knees three times a day, and prayed, and gave thanks before his God.” [Daniel 6:10.]’ *Gospel Workers*, page 178.

4. In what spirit should we address God in prayer? Psalm 99:3, Isaiah 29:23, Isaiah 57:15.

NOTE: ‘Some think it a mark of humility to pray to God in a common manner, as if talking with a human being. They profane His name by needlessly and irreverently mingling with their prayers the words, “God Almighty,” awful, sacred words, which should never pass the lips except in subdued tones and with a feeling of awe.’ *Gospel Workers*, page 176.

‘Reverence should be shown also for the name of God. Never should that name be spoken lightly or thoughtlessly. Even in prayer its frequent or needless repetition should be avoided. “Holy and reverend is His name.” Psalm 111:9. Angels, as they speak it, veil their faces. With what reverence should we, who are fallen and sinful, take it upon our lips!’ *Child Guidance*, page 538.

‘If Christ were on earth today, surrounded by those who bear the title of “Reverend” or “Right Reverend,” would He not repeat His saying, “Neither be ye called masters: for One is your Master, even Christ”? The Scripture declares of God, “Holy and reverend is His name.” Ps. 111:9. To what human being is such a title befitting? How little does man reveal of the wisdom and righteousness it indicates!’ *Desire of Ages*, page 613.

‘They think that they shall be heard for their much speaking’

5. What practices in public prayer did Christ condemn? Matthew 6:7.

NOTE: ‘Many tedious prayers are offered, which are more like giving the Lord a lecture than presenting to Him a request. It would be better if those offering such prayers would confine themselves to the one that Christ taught His disciples to offer. Long prayers are tiring to those who hear, and do not prepare the people to listen to the instruction that is to follow. It is often because secret prayer is neglected that long, tedious prayers are offered in public.’ *Gospel Workers*, pages 175-176.

6. What example of vain repetitions is recorded for us? 1 Kings 18:26.

NOTE: ‘When engaged with our brethren in public worship, we could add to the interest of the meeting; for we should bring with us some of the atmosphere of heaven, and our worship would be a reality, and not a mere form. Those about us can soon tell whether we are in the habit of praying or not. If the soul is not drawn out in prayer in the closet, and while engaged in the business of the day, the lack will be manifest in the prayer-meeting. The public prayers will be dry and formal, consisting of repetitions and customary phrases, and they will bring darkness rather than light into the meeting.’ *Gospel Workers (1892 ed.)*, page 425.

‘There are two kinds of prayer, the prayer of form and the prayer of faith. The repetition of set, customary phrases when the heart feels no need of God, is formal prayer. We should be extremely careful in all our prayers to speak the wants of the heart

and to say only what we mean. All the flowery words at our command are not equivalent to one holy desire. The most eloquent prayers are but vain repetitions if they do not express the true sentiments of the heart. But the prayer that comes from an earnest heart, when the simple wants of the soul are expressed just as we would ask an earthly friend for a favour, expecting that it would be granted, this is the prayer of faith. The publican who went up to the temple to pray is a good example of a sincere, devoted worshiper. He felt that he was a sinner, and his great need led to an outburst of passionate desire, "God be merciful to me a sinner." *My Life Today*, page 19.

'After this manner, pray ye'

7. What should be an important element in our public prayers? Psalm 100, Compare Acts 16:25.

NOTE: 'In our devotional meetings, our voices should express by prayer and praise our adoration of the heavenly Father, that all may know that we worship God in simplicity and truth, and in the beauty of holiness. Precious indeed in this world of sin and ignorance is the gift of speech, the melody of the human voice, when devoted to the praise of Him who hath loved us and given Himself for us.' *Counsels to Teachers, Parents & Students*, page 245.

8. For what other purpose should we make public prayer and what should always accompany such prayers? Philippians 4:6.

NOTE: 'Our prayers in public should be short, and express only the real wants of the soul, asking in simplicity and simple trusting faith for the very things we need. Prayer from the humble, contrite heart is the vital breath of the soul hungering for righteousness.' *Signs of the Times*, December 3, 1896.

'Human help is feeble. But we may unite in seeking help and favour from Him who has said, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." Divine power is infallible. Then let us come to God, pleading for the guidance of His Holy Spirit. Let our united prayers ascend to the throne of grace. Let our requests be mingled with praise and thanksgiving.' *Testimonies to Ministers*, page 485.

Our devotional exercises should not consist wholly in asking and receiving. Let us not be always thinking of our wants and never of the benefits we receive. We do not pray any too much, but we are too sparing of giving thanks. We are the constant recipients of God's mercies, and yet how little gratitude we express, how little we praise Him for what He has done for us.' *Steps to Christ*, page 102.

9. Are some things better left to private prayer? Matthew 6:6.

NOTE: 'We should not come to the house of God to pray for our families unless deep feeling shall lead us while the Spirit of God is convicting them. Generally, the proper place to pray for our families is at the family altar. When the subjects of our prayers are at a distance, the closet is the proper place to plead with God for them. When in the house of God, we should pray for a present blessing and should expect God to hear and answer our prayers.' *Testimonies Volume 1*, page 145.

'When they had prayed'

10. What example are we given of the power of communal prayer? Acts 4:31.

NOTE: "'Ask ye of the Lord rain in the time of the latter rain.'" Do not rest satisfied that in the ordinary course of the season, rain will fall. Ask for it. The growth and perfection of the seed rests not with the husbandman. God alone can ripen the harvest. But man's co-operation is required. God's work for us demands the action of our mind, the exercise of our faith. We must seek His favours with the whole heart if the showers of grace are to come to us. We should improve every opportunity of placing ourselves in the channel of blessing. Christ has said, "Where two or three are gathered together in My name, there am I in the midst." The convocations of the church, as in camp meetings, the assemblies of the home church, and all occasions where there is personal labour for souls, are God's appointed opportunities for giving the early and the latter rain.' *Testimonies to Ministers*, page 508.

11. What specific communal prayer was wonderfully answered? Acts 12:1-16.

NOTE: "The angel of the Lord opened the prison doors for Peter, for "prayer was made without ceasing of the church unto God for him." There is your work. Pray as you have never prayed before; and if you spend nights in prayer, and learn to trust God, you will have an intelligent experience. It was by praying without ceasing that Peter gained the victory, and when the angel went to bring him out, Peter was bound with two chains, and, behold, the angel of the Lord came forth, and smote Peter on the side, and said, "Rise up quickly." All the ruler's expectations failed because the same mighty agent that Joshua summoned when he was to bring down the walls of Jericho, was with the men who were bound with chains. When Peter returned to his brethren, a free man, he found them praying, and **this is the key to his deliverance**, they were praying. He knocked at the gate, but the maid who came to open it, ran back to the house in great astonishment without letting him in. They did not think that Peter was to be released from the prison. They had expected a deliverance of a different order, but God worked in His own way and after His own counsel, and brought him to the very door of those who were praying for him.' *Second Advent Review & Sabbath Herald*, April 29, 1890. (Emphasis supplied)

'Hear Thou their prayer and their supplication'

12. What specific requests were included in Solomon's public prayer? 1 Kings 8:23, 26, 29-30, 35-36, 44-45, 51-53.

NOTE: 'The prayer offered by Solomon during the dedication of the temple, was not made while he stood upon his feet. The king knelt in the humble position of a petitioner. Herein is a lesson for God's people today. Our spiritual strength and our

influence are not increased by conformity to a worldly attitude during prayer. Let man come on bended knee, as a subject of grace, a suppliant at the footstool of mercy. Thus he is to testify that the whole soul, body, and spirit are in subjection to his Creator.' *Second Advent Review & Sabbath Herald*, November 30, 1905.

13. Of what may we be assured when we come before the throne of God in prayer? Psalm 65:2. (Read the whole psalm.)

NOTE: 'Jesus sees His true church on the earth, whose greatest ambition is to co-operate with Him in the grand work of saving souls. He hears their prayers, presented in contrition and power, and Omnipotence cannot resist their plea for the salvation of any tried, tempted member of Christ's body. Jesus ever liveth to make intercession for us. Through our Redeemer what blessings may not the true believer receive? The church, soon to enter upon her most severe conflict, will be the object most dear to God upon earth.' *In Heavenly Places*, page 284.

Lesson 7: 'The effectual fervent prayer of a righteous man availeth much'

MEMORY VERSE: 'But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.' James 1:6.

STUDY HELP: *Education*, pages 253-261.

Introduction

'When as a people our works correspond with our profession, we shall see very much more accomplished than now. When we have men as devoted as Elijah, and possessing the faith which he possessed, we shall see that God will reveal Himself to us as He did to holy men of old. When we have men who, while they acknowledge their deficiencies, will plead with God in earnest faith as did Jacob, we shall see the same results. Power will come from God to man in answer to the prayer of faith.' *Testimonies Volume 4*, page 402.

'The just shall live by his faith'

1. What has God given to everyone? Romans 12:3.

NOTE: 'God has given to every man his measure of faith, and each is to walk in faith. He is to show that he has that faith that will rely upon God for help. As God has given to every man his measure of faith, he is to put it into exercise. He is to let his light shine.' *Sermons & Talks Volume 2*, page 133.

'Faith is not a happy flight of feeling; it is simply taking God at His word, believing that He will fulfil His promises because He said He would.' *Our High Calling*, page 119.

2. What are we to do with the faith that God has given to each of us? Mark 11:22-23.

NOTE: 'How to exercise faith. This is the science of the gospel. The Scripture declares, "Without faith it is impossible to please God." **The knowledge of what the Scripture means when urging upon us the necessity of cultivating faith, is more essential than any other knowledge that can be acquired.** We suffer much trouble and grief because of our unbelief, and our ignorance of how to exercise faith. We must break through the clouds of unbelief. We cannot have a healthy Christian experience, we cannot obey the gospel unto salvation, until the science of faith is better understood, and until more faith is exercised. There can be no perfection of Christian character without that faith that works by love, and purifies the soul.' *Second Advent Review & Sabbath Herald*, October 18, 1898. (Emphasis supplied.)

'The faith that is unto salvation is not a mere intellectual assent to the truth. He who waits for entire knowledge before he will exercise faith, cannot receive blessing from God. It is not enough to believe about Christ; we must believe in Him. The only faith that will benefit us is that which embraces Him as a personal Saviour; which appropriates His merits to ourselves. Many hold faith as an opinion. Saving faith is a transaction by which those who receive Christ join themselves in covenant relation with God. Genuine faith is life. A living faith means an increase of vigour, a confiding trust, by which the soul becomes a conquering power.' *Desire of Ages*, page 347.

'The prayer of faith'

3. What example of the prayer of faith are we given? James 5:17-18.

NOTE: 'True faith rests on the promises contained in the word of God, and those only who obey that word can claim its glorious promises. "If ye abide in Me, and My words abide in you, ye shall ask what ye will, and it shall be done unto you." John 15:7. "Whatsoever we ask, we receive of Him, because we keep His commandments, and do those things that are pleasing in His sight." 1 John 3:22. We should be much in secret prayer. Christ is the Vine, we are the branches. And if we would grow and flourish, we must continually draw sap and nourishment from the Living Vine; for separated from the Vine, we have no strength. I asked the angel why there was no more faith and power in Israel. He said: "Ye let go of the arm of the Lord too soon. Press your petitions to the throne, and hold on by strong faith. The promises are sure. Believe ye receive the things ye ask for, and ye shall have them." I was then pointed to Elijah. He was subject to like passions as we are, and he prayed earnestly. His faith endured the trial. Seven times he prayed before the Lord, and at last the cloud was seen. I saw that

we had doubted the sure promises, and wounded the Saviour by our lack of faith.' *Christian Experience & Teachings of Ellen G. White*, pages 126-7.

4. What will the promises of God do for us when we lay hold of them in faith? 2 Peter 1:3-4.

NOTE: 'Christ has promised, "Him that cometh to me I will in no wise cast out." He will hear and answer our prayers, and faith appropriates the rich promises of God, believing they are for us. As we accept the promises of God, we grow stronger in faith, and find the word of the Lord fulfilled as He has spoken it. We may feel our weakness and unworthiness, and because of this, realise our dependence upon God. Every one of us can have a rich experience in the things of God if we will utterly forsake our sin and submit ourselves to God. Oh, how can we cherish impurity in the soul when Christ has died for us, that we may become partakers of the divine nature, and escape the corruption that is in the world through lust? We are to be sanctified through the truth, and this sanctification is not the work of a moment, but of a lifetime. We must all learn to lean upon Jesus; for the time will come when we shall be scattered, and we cannot lean upon one another. Christ is ready to give us the help we need.' *Second Advent Review & Sabbath Herald*, April 14, 1891.

"Man shall not live by bread alone, but by every word of God." Often the follower of Christ is brought where he cannot serve God and carry forward his worldly enterprises. Perhaps it appears that obedience to some plain requirement of God will cut off his means of support. Satan would make him believe that he must sacrifice his conscientious convictions. But the only thing in our world upon which we can rely is the word of God. "Seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you." Matthew 6:33. Even in this life it is not for our good to depart from the will of our Father in heaven. When we learn the power of His word, we shall not follow the suggestions of Satan in order to obtain food or to save our lives. Our only questions will be, What is God's command? and what His promise? Knowing these, we shall obey the one, and trust the other.' *Desire of Ages*, page 121.

'Ask and ye shall receive'

5. What must we do to lay hold of the promises of God? Matthew 7:7-11.

NOTE: 'Prayer is heaven's ordained means of success in the conflict with sin and the development of Christian character. The divine influences that come in answer to the prayer of faith will accomplish in the soul of the suppliant all for which he pleads. For the pardon of sin, for the Holy Spirit, for a Christlike temper, for wisdom and strength to do His work, for any gift He has promised, we may ask; and the promise is, "Ye shall receive."' *Acts of the Apostles*, page 564.

6. What promises do we have that our requests will be heard? Psalm 34:4, John 6:37, 1 John 5:14-15.

NOTE: 'The assurance is broad and unlimited, and He is faithful who has promised. When we do not receive the very things we asked for, at the time we ask, we are still to believe that the Lord hears and that He will answer our prayers. We are so erring and short-sighted that we sometimes ask for things that would not be a blessing to us, and our heavenly Father in love answers our prayers by giving us that which will be for our highest good, that which we ourselves would desire if with vision divinely enlightened we could see all things as they really are. When our prayers seem not to be answered, we are to cling to the promise; for the time of answering will surely come, and we shall receive the blessing we need most. But to claim that prayer will always be answered in the very way and for the particular thing that we desire, is presumption. God is too wise to err, and too good to withhold any good thing from them that walk uprightly. Then do not fear to trust Him, even though you do not see the immediate answer to your prayers. Rely upon His sure promise, "Ask, and it shall be given you."' *Steps to Christ*, page 96.

'Believe that ye receive'

7. What necessary precondition for answered prayer did Jesus reveal? Mark 11:24.

NOTE: 'For the pardon of sin, for the Holy Spirit, for a Christlike temper, for wisdom and strength to do His work, for any gift He has promised, we may ask; then we are to believe that we receive.' *Education*, page 258.

8. What are we told about the prayer not presented in faith? James 1:6-7.

NOTE: 'God is behind every promise, and we cannot dishonour Him more than by questioning and hesitating, by asking and not believing, and then by talking doubt. If you do not immediately receive what you have asked for, will you go on in sullenness and unbelief? Believe; believe that God will do just what He has promised. Keep your prayers ascending, and watch, work, and wait. Fight the good fight of faith. Say to your heart, "God has invited me to come. He has heard my prayer. He has pledged His word that He will receive me, and He will fulfil His promise. I can trust God; for He so loved me that He gave His only-begotten Son to die for me. The Son of God is my Redeemer." "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." "If ye then, being evil, know how to give good gifts unto your children: how much more shall your heavenly Father give the Holy Spirit to them that ask Him?"' *Fundamentals of Christian Education*, page 299.

9. How did Jesus demonstrate the necessity of faith in making one's requests to God? Matthew 21:19-22.

NOTE: 'The promise is... "Ask, and ye shall receive." Believe ye receive the things ye ask for, and ye shall have them. Now in the first place you have the promise that if you ask you shall receive. Then think what you most need to overcome. Acquaint yourselves with your failings, and then as you feel you cannot overcome in your own strength, ask God to help you. By doing this you acknowledge your own weakness, and throw yourselves upon God's arm. He will sustain you in your efforts to do right. But be careful and do not rely too much on your own strength and efforts. Ever realise that Satan is continually trying to

lead your... minds to do wrong. In order to resist his temptations, you must rely upon a power stronger than your own. "Believe ye receive the things ye ask for, and ye shall have them." Do not merely come to God and ask; but believe that He will do just as He has said He would. As you ask, believe He answers, and believe you do receive strength from Him.' *An Appeal to the Youth*, page 54.

'There are many who long to help others, but they feel that they have no spiritual strength or light to impart. Let them present their petitions at the throne of grace. Plead for the Holy Spirit. God stands back of every promise He has made. With your Bible in your hands say, I have done as Thou hast said. I present Thy promise, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.'" *Christ's Object Lessons*, page 147.

'Ye ask and receive not'

10. What may be one of the reasons for unanswered prayers? James 4:3.

NOTE: 'There are thousands of prayers daily offered that God does not answer. There are faithless prayers. "He that cometh to God must believe that He is, and that He is a rewarder of them that diligently seek Him." There are selfish prayers, proceeding from a heart that is cherishing idols. "If any man regard iniquity in his heart, the Lord will not hear him." There are petulant, fretful prayers, murmuring because of the burdens and cares of life, instead of humbly seeking grace to lighten them. Those who offer such petitions are not abiding in Christ. They have not submitted their will to the will of God. They do not comply with the condition of the promise, and it is not fulfilled to them.' *Second Advent Review & Sabbath Herald*, September 11, 1883

11. What other things may lead to our prayers not being heard? Psalm 66:18, Proverbs 28:9.

NOTE: 'Many are forfeiting the condition of acceptance with the Father. We need to examine closely the deed of trust wherewith we approach God. If we are disobedient, we bring to the Lord a note to be cashed when we have not fulfilled the conditions that would make it payable to us. We present to God His promises, and ask Him to fulfil them, when by so doing He would dishonour His own name. The promise is "If ye abide in Me, and My words abide in you, ye shall ask what ye will, and it shall be done unto you." John 15:7. And John declares: "Hereby we do know that we know Him, if we keep His commandments. He that saith, I know Him, and keepeth not His commandments, is a liar, and the truth is not in him. But whoso keepeth His word, in him verily is the love of God perfected." 1 John 2:3-5.' *Christ's Object Lessons*, page 144.

'If we regard iniquity in our hearts, if we cling to any known sin, the Lord will not hear us; but the prayer of the penitent, contrite soul is always accepted. When all known wrongs are righted, we may believe that God will answer our petitions. Our own merit will never commend us to the favour of God; it is the worthiness of Jesus that will save us, His blood that will cleanse us; yet we have a work to do in complying with the conditions of acceptance.' *Steps to Christ*, page 95.

'Prayer and supplication with thanksgiving'

12. Besides faith, what must also accompany our requests to God? Philippians 4:6.

NOTE 'For any gift He has promised, we may ask; then we are to believe that we receive, and return thanks to God that we have received. We need look for no outward evidence of the blessing. The gift is in the promise, and we may go about our work assured that what God has promised He is able to perform, and that the gift, which we already possess, will be realised when we need it most.' *Education*, page 258.

13. What example do we have of Jesus giving thanks to His heavenly Father for a prayer whose answer He had not yet seen? John 11:41-44.

NOTE: 'Human help is feeble. But we may unite in seeking help and favour from Him who has said, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." Divine power is infallible. Then let us come to God, pleading for the guidance of His Holy Spirit. Let our united prayers ascend to the throne of grace. Let our requests be mingled with praise and thanksgiving.' *Testimonies to Ministers*, page 485.

"In every thing give thanks" (1 Thessalonians 5:18) for the keeping power of God through Jesus Christ. At the moment when you are offering your prayer for help you may not feel all the joy and blessing that you would like to feel, but if you believe that Christ will hear and answer your petition, the peace of Christ will come. If you take hold of the strength of the mighty Helper, and not reason with your adversary and never complain of God, His promises will be verified. The experience that you gain today in trusting Him will help you in meeting the difficulties of tomorrow. Each day you are to come, trusting as a little child drawing nearer to Jesus and heaven. In meeting with unwavering trust in God the daily trials and difficulties, you will again and again test the promises of Heaven, and each time you will learn a lesson of faith. Thus you will gain strength to resist temptation, and when the harder trials come, you will be able to endure.' *Our High Calling*, page 326.

Lesson 8: 'Call upon Me in the day of trouble'

MEMORY VERSE: 'And call upon Me in the day of trouble: I will deliver thee, and thou shalt glorify Me.' Psalm 50:15.

STUDY HELP: *Great Controversy*, pages 613-634.

Introduction

‘Those who are earnestly seeking a knowledge of the truth and are striving to purify their souls through obedience, thus doing what they can to prepare for the conflict, will find, in the God of truth, a sure defence. “Because thou hast kept the word of My patience, I also will keep thee” (Revelation 3:10), is the Saviour’s promise. He would sooner send every angel out of heaven to protect His people than leave one soul that trusts in Him to be overcome by Satan.’ *Great Controversy*, page 560.

‘Exceeding great and precious promises’

1. What promises of divine help in time of trouble have we been given? Psalm 46:1-3, Psalm 91:3-10.

NOTE: ‘Our God is an ever-present help in every time of need. He is perfectly acquainted with the most secret thoughts of our heart, with all the intents and purposes of our souls. When we are in perplexity, even before we open to Him our distress, He is making arrangements for our deliverance. Our sorrow is not unnoticed. He always knows much better than we do, just what is necessary for the good of His children, and He leads us as we would choose to be led if we could discern our own hearts and see our necessities and perils, as God sees them.’ *Signs of the Times*, May 25, 1888.

2. How swiftly does God hear the cry of His children? Isaiah 65:24. Compare Daniel 9:21.

NOTE: ‘Since He has made such gracious promises, why do we not trust God? Why do we not take Him at His word? We must have increased faith.’ *Second Advent Review & Sabbath Herald*, May 27, 1884.

‘As Daniel’s prayer is going forth, the angel Gabriel comes sweeping down from the heavenly courts, to tell him that his petitions are heard and answered. This mighty angel has been commissioned to give him skill and understanding, to open before him the mysteries of future ages. Thus, while earnestly seeking to know and understand the truth, Daniel was brought into communion with Heaven’s delegated messenger.’ *Second Advent Review & Sabbath Herald*, February 8, 1881.

‘I also will keep thee’

3. What is required on our part to ensure that God will watch over us in time of trouble? Revelation 3:10.

NOTE: ‘The people of God are directed to the Scriptures as their safeguard against the influence of false teachers and the delusive power of spirits of darkness. Satan employs every possible device to prevent men from obtaining a knowledge of the Bible; for its plain utterances reveal his deceptions. At every revival of God’s work the prince of evil is aroused to more intense activity; he is now putting forth his utmost efforts for a final struggle against Christ and His followers. The last great delusion is soon to open before us. Antichrist is to perform his marvellous works in our sight. So closely will the counterfeit resemble the true that it will be impossible to distinguish between them except by the Holy Scriptures. By their testimony every statement and every miracle must be tested.’ *Great Controversy*, page 593.

4. What is even more necessary than a mere knowledge of the Scriptures? Revelation 1:3.

NOTE: ‘When the books of Daniel and Revelation are better understood, believers will have an entirely different religious experience. They will be given such glimpses of the open gates of heaven that heart and mind will be impressed with the character that all must develop in order to realise the blessedness which is to be the reward of the pure in heart. The Lord will bless all who will seek humbly and meekly to understand that which is revealed in the Revelation. This book contains so much that is large with immortality and full of glory that all who read and search it earnestly receive the blessing to those “that hear the words of this prophecy, and keep those things which are written therein.” One thing will certainly be understood from the study of Revelation, that the connection between God and His people is close and decided. Let us give more time to the study of the Bible. We do not understand the Word as we should. The book of Revelation opens with an injunction to us to understand the instruction that it contains. When we understand what this book means to us, there will be seen among us a great revival.’ *The Faith I Live By*, page 345.

‘Thy words were found and I did eat them’

5. What brought consolation to Jeremiah in his time of trouble? Jeremiah 15:15-16.

NOTE: ‘The word of the living God is not merely written, but spoken. The Bible is God’s voice speaking to us, just as surely as though we could hear it with our ears. If we realised this, with what awe would we open God’s word, and with what earnestness would we search its precepts! The reading and contemplation of the Scriptures would be regarded as an audience with the Infinite One. When Satan presses his suggestions upon our minds, we may, if we cherish a “Thus saith the Lord,” be drawn into the secret pavilion of the Most High.’ [Psalm 27:5] *Testimonies Volume 6*, page 393.

6. What precious promise may we claim in prayer? John 14:26.

NOTE: ‘Jesus promised His disciples: “The Comforter, which is the Holy Ghost, whom the Father will send in My name, He shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.” John 14:26. But the teachings of Christ must previously have been stored in the mind in order for the Spirit of God to bring them to our remembrance in the time of peril.’ *Great Controversy*, page 600.

‘A daily, earnest striving to know God, and Jesus Christ whom He has sent, would bring power and efficiency to the soul. The knowledge obtained by diligent searching of the Scriptures would be flashed into the memory at the right time. But if any had neglected to acquaint themselves with the words of Christ, if they had never tested the power of His grace in trial, they could not expect that the Holy Spirit would bring His words to their remembrance.’ *Desire of Ages*, page 355.

‘Hezekiah prayed unto the Lord’

7. What example of prayer for deliverance are we given from the life of Hezekiah? Isaiah 37:16-20.

NOTE: 'When the king of Judah received the taunting letter, he took it into the temple and "spread it before the Lord" and prayed with strong faith for help from heaven, that the nations of earth might know that the God of the Hebrews still lived and reigned. The honour of Jehovah was at stake; He alone could bring deliverance.' *Conflict & Courage*, page 239.

8. In what wonderful way was Hezekiah's prayer answered? Isaiah 37:36. Compare Psalm 91:7-8.

NOTE: 'Hezekiah was not left without hope. Isaiah sent to him, saying, "Thus saith the Lord God of Israel, That which thou hast prayed to Me against Sennacherib king of Assyria I have heard." That very night deliverance came. "The angel of the Lord went out, and smote in the camp of the Assyrians an hundred fourscore and five thousand." The God of the Hebrews had prevailed over the proud Assyrian. The honour of Jehovah was vindicated in the eyes of the surrounding nations. In Jerusalem the hearts of the people were filled with holy joy. Their earnest entreaties for deliverance had been mingled with confession of sin and with many tears. In their great need they had trusted wholly in the power of God to save, and He had not failed them.' *Conflict & Courage*, page 239.

'Our eyes are upon Thee'

9. What wonderful prayer of faith in God's deliverance did Jehoshaphat pray? 2 Chronicles 20:9-12.

NOTE: 'With confidence Jehoshaphat could say to the Lord, "Our eyes are upon thee." For years he had taught the people to trust in the One who in past ages had so often interposed to save His chosen ones from utter destruction; and now, when the kingdom was in peril, Jehoshaphat did not stand alone; "all Judah stood before the Lord, with their little ones, their wives, and their children." Verse 13. Unitedly they fasted and prayed; unitedly they besought the Lord to put their enemies to confusion, that the name of Jehovah might be glorified.' *Prophets & Kings*, page 200.

10. How did Jehoshaphat express his confidence in God's power to save? 2 Chronicles 20:17. (Compare Exodus 14:13-14.)

NOTE: 'We dared not venture in a mist and perplexity, and were obliged to stand still and see the salvation of God. The words from the living oracles teach us when tried and tempted and surrounded with difficulties, the safe course for us to pursue is to patiently wait, to be of good courage, and commit the keeping of soul and body to God.' *Manuscript Releases Volume 3*, page 325.

11. How was Jehoshaphat's prayer answered? 2 Chronicles 20:20-22.

NOTE: 'It was a singular way of going to battle against the enemy's army, praising the Lord with singing, and exalting the God of Israel. This was their battle song. They possessed the beauty of holiness. If more praising of God were engaged in now, hope and courage and faith would steadily increase. And would not this strengthen the hands of the valiant soldiers who today are standing in defence of truth?' *Prophets & Kings*, page 202.

'My God hath sent His angel'

12. What examples of deliverance are to be found in the lives of Daniel and Paul? Daniel 6:19-23, Acts 27:20-25.

NOTE: 'A man whose heart is stayed upon God will be the same in the hour of his greatest trial as he is in prosperity, when the light and favour of God and of man beam upon him. The power that is near to deliver from physical harm or distress is also near to save from the greater evil, making it possible for the servant of God to maintain his integrity under all circumstances, and to triumph through divine grace.' *Conflict & Courage*, page 255.

13. What promise of final deliverance is given to God's people? Daniel 12:1.

NOTE: "'They have come out of great tribulation. They have walked in the fiery furnace in the world, heated intensely by the passions and caprices of men who would enforce upon them the worship of the beast and his image, who would compel them to be disloyal to the God of heaven. They have come from the mountains, from the rocks, from the dens and caves of the earth, from dungeons, from prisons, from secret councils, from the torture chamber, from hovels, from garrets. They have passed through sore affliction, deep self-denial, and deep disappointment. They are no longer to be the sport and ridicule of wicked men. They are to be no longer mean and sorrowful in the eyes of those who despise them. Remove the filthy garments from them, with which wicked men have delighted to clothe them. Give them a change of raiment, even the white robes of righteousness, and set a fair mitre upon their heads.'" They were clothed in richer robes than earthly beings had ever worn; they were crowned with diadems of glory such as human beings had never seen. The days of suffering, of reproach, of want, of hunger, are no more; weeping is past. Then they break forth in songs, loud, clear, and musical; they wave the palm branches of victory, and exclaim, "Salvation to our God which sitteth upon the throne, and unto the Lamb." Oh, may God endue us with His Spirit and make us strong in His strength! In that great day of supreme and final triumph it will be seen that the righteous were strong, and that wickedness in all its forms and with all its pride was a weak and miserable failure and defeat. We will cling close to Jesus, we will trust Him, we will seek His grace and His great salvation. We must hide in Jesus, for He is a covert from the storm, a present help in time of trouble.' *Manuscript Releases Volume 2*, page 210.

Lesson 9: 'Pray for one another'

MEMORY VERSE: 'Wherefore also we pray always for you, that our God would count you worthy of this calling, and fulfil all the good pleasure of His goodness, and the work of faith with power.' 2 Thessalonians 1:11.

STUDY HELP: *In Heavenly Place*, page 93, *That I May Know Him*, page 271.

Introduction

'A truly Christian life will cost us thoughtfulness, searching of the Scriptures, and most earnest, persevering prayer. It will not be prayer without point and purpose, but it will be the intercession of a heart burdened for poor sinners out of Christ. It will be a heart longing to do service for Jesus in personal effort for the saving of souls of men.' *Pastoral Ministry*, page 151.

'I pray for them'

1. At the crisis of His life, what example of intercessory prayer did Jesus reveal? John 17:9-19.

NOTE: 'Christ declared He sanctified Himself, that we also might be sanctified. He took upon Himself our nature, and became a faultless pattern for men. He made no mistake, that we also might become victors, and enter into His kingdom as overcomers. He prayed that we might be sanctified through the truth. What is truth? He declared, "Thy word is truth." His disciples were to be sanctified through obedience to the truth.' *Second Advent Review & Sabbath Herald*, July 2, 1889.

2. How are we too included in Christ's intercessory prayer? John 17:20-24.

NOTE: 'He says, "Neither pray I for these alone, but for them also which shall believe on Me through their word." That prayer was for us; we have believed in the testimony of the disciples of Christ. He prays that His disciples may be one, even as He and the Father are one; and this unity of believers is to be as testimony to the world that He has sent us, and that we bear the evidence of His grace.' *Second Advent Review & Sabbath Herald*, July 2, 1889.

3. What command did Jesus give to His followers? John 13:34. Compare John 15:12, 17, 1 John 4:7.

NOTE: "'I pray for them: I pray not for the world, but for them which Thou hast given Me; for they are Thine. And all Mine are Thine, and Thine are Mine; and I am glorified in them'" (John 17:9, 10). Mark the words. It is Jesus Christ that is praying to His Father, "and all Mine are Thine, and Thine are Mine; and I am glorified in them." Is it truth? Are we Bible believers? Is Christ glorified in us? I want you to consider this. He is speaking of the oneness and that unity that shall exist with Christ and His disciples. In that unity, in that oneness, Christ is glorified in us. Now I would have you consider how very light a matter many of us make of seeking to preserve this unity. Why, this unity with believers in and through Christ is the great strength of the church! The oneness, the love which through their faith and unity exists with God's people through faith in Christ, is a power. How earnest, how decided, how determined should be our efforts to answer the prayer of Christ that we may have that harmony one with another for which Christ died to perfect; that we may be one with Christ; for, unless we are constantly labouring for this harmony and this unity, we shall certainly fail of answering the prayer of being one with Christ as He was one with the Father.' *Sermons & Talks Volume 1*, page 194.

'If not, blot me, I pray Thee, out of Thy book'

4. How did Moses express his love for his people? Exodus 32:31-32.

NOTE: 'Moses manifested his great love for the people in his entreaty to the Lord to forgive their sin, or blot his name out of the book which He had written. His intercessions here illustrate Christ's love and mediation for the sinful race. The Lord refused to let Moses suffer for the sins of his backsliding people. He declared to him that those who had sinned against Him He would blot out of His book which He had written; for the righteous should not suffer for the guilt of the sinner. The book here referred to is the book of records in Heaven, where every name is recorded, and their acts, their sins, and obedience, are faithfully written. When any one commits sins which are too grievous for the Lord to pardon, their names are erased from the book, and they are devoted to destruction. Although Moses realised the dreadful fate of those whose names should be dropped from the book of God, yet he plainly declared before God that if the names of his erring Israel should be blotted out, and be no more remembered by Him for good, he wished his name to be blotted out with theirs; for he could never endure to see the fullness of His wrath come upon the people for whom He had wrought such wonders.' *Spirit of Prophecy Volume 1*, page 252.

5. How did the Lord reveal to Moses His character of mercy and steadfast love? Exodus 33:19-20, Exodus 34:6-7.

NOTE: 'Now, indeed, we would expect the prophet to cease pleading; but no, emboldened by his success, he ventures to come still nearer to God, with a holy familiarity which is almost beyond our comprehension. He now makes a request which no human being ever made before: "I beseech Thee, show me Thy glory." What a petition to come from finite, mortal man! But is he repulsed? Does God reprove him for presumption? No; we hear the gracious words: "I will make all My goodness pass before thee." In the history of Moses we may see what intimate communion with God it is man's privilege to enjoy.' *Conflict & Courage*, page 99.

'When he prayed for his friends'

6. What was the turning point in Job's experience? Job 42:10. (Compare Job 16:2.)

NOTE: 'The Lord turned the captivity of Job when he prayed, not only for himself, but for those who were opposing him. When he felt earnestly desirous that the souls that had trespassed against him might be helped, he himself received help. Let us

pray, not only for ourselves, but for those who have hurt us, and are continuing to hurt us. Pray, pray, especially in your mind. Give not the Lord rest; for His ears are open to hear sincere, importunate prayers, when the soul is humbled before Him.' *SDA Bible Commentary Volume 3*, page 1141.

7. How did Jesus express this important aspect of prayer? Luke 6:28.

NOTE: 'When the believer, in view of all his transgressions, exercises faith in God, believes that he is pardoned because Christ has died as his sacrifice, he will be so filled with gratitude to God that his tender sympathy will be reaching out to those who, like himself, have sinned and have need of pardon. Pride will find no place in his heart. Such faith as this will be a death blow to a revengeful spirit. How is it possible for one who finds forgiveness, and who is daily dependent upon the grace of Christ, to turn away in coldness from those who have been overtaken in a fault, and to display to the sinner an unforgiving spirit? Everyone who has real faith in God will crush pride under his feet.' *Manuscript Releases Volume 15*, page 198.

8. How did Christ manifest this spirit of sympathy towards His enemies? Luke 23:34. Compare Acts 7:59-60.

NOTE: 'While the soldiers were doing their fearful work, Jesus prayed for His enemies, "Father, forgive them; for they know not what they do." His mind passed from His own suffering to the sin of His persecutors, and the terrible retribution that would be theirs. No curses were called down upon the soldiers who were handling Him so roughly. No vengeance was invoked upon the priests and rulers, who were gloating over the accomplishment of their purpose. Christ pitied them in their ignorance and guilt. He breathed only a plea for their forgiveness, "for they know not what they do.'" *Desire of Ages*, page 744.

'We have sinned'

9. What example of intercession may be seen in the life of Daniel? Daniel 9:3-19.

NOTE: 'The prophet Daniel was an example of true sanctification. His long life was filled up with noble service for his Master. He was a man "greatly beloved" (Daniel 10:11) of Heaven. Yet instead of claiming to be pure and holy, this honoured prophet identified himself with the really sinful of Israel as he pleaded before God in behalf of his people: "We do not present our supplications before Thee for our righteousness, but for Thy great mercies." "We have sinned, we have done wickedly." He declares: "I was speaking, and praying, and confessing my sin and the sin of my people.'" *Great Controversy*, page 470.

10. How did Nehemiah also manifest this humble spirit of intercession? Nehemiah 1:6-11.

NOTE: 'He turned in his affliction to the sure Helper. "I prayed," says he, "before the God of Heaven." He knew that all this ruin had come because of the transgressions of Israel; and in deep humiliation he came before God for pardon of sin and a renewal of the divine favour. He addressed his petitions to the God of Heaven, "the great and terrible God;" for such the Lord had shown Himself to be in the fearful judgements brought upon Israel. But with a gleam of hope, Nehemiah continues, "that keepeth covenant and mercy with them that love Him and observe His commandments." For repentant and believing Israel there was still mercy. Faithfully the man of God makes confession of his sins and the sins of his people.' *Signs of the Times*, November 29, 1883.

'In their work, Ezra and Nehemiah humbled themselves before God, confessing their sins and the sins of their people, and entreating pardon as if they themselves were the offenders.' *Prophets & Kings*, page 675.

'That ye may be healed'

11. For what especially may we pray? James 5:16.

NOTE: 'The offering of such prayer is a most solemn act, and should not be entered upon without careful consideration. To those who desire prayer for their restoration to health, it should be made plain that the violation of God's law, either natural or spiritual, is sin, and that in order for them to receive His blessing, sin must be confessed and forsaken. We know that God hears us if we ask according to His will. But to press our petitions without a submissive spirit is not right; our prayers must take the form, not of command, but of intercession.' *The Faith I Live By*, page 315.

12. How is such prayer for healing to be done? James 5:14-15.

NOTE: 'In prayer for the sick it should be remembered that "we know not what we should pray for as we ought." Romans 8:26. We do not know whether the blessing we desire will be best or not. Therefore our prayers should include this thought: "Lord, Thou knowest every secret of the soul. Thou art acquainted with these persons. Jesus, their Advocate, gave His life for them. His love for them is greater than ours can possibly be. If, therefore, it is for Thy glory and the good of the afflicted ones, we ask, in the name of Jesus, that they may be restored to health. If it be not Thy will that they may be restored, we ask that Thy grace may comfort and Thy presence sustain them in their sufferings.'" *Ministry of Healing*, page 229.

'Many have expected that God would keep them from sickness merely because they have asked Him to do so. But God did not regard their prayers, because their faith was not made perfect by works. God will not work a miracle to keep those from sickness who have no care for themselves, but are continually violating the laws of health and make no efforts to prevent disease. When we do all we can on our part to have health, then may we expect that the blessed results will follow, and we can ask God in faith to bless our efforts for the preservation of health. He will then answer our prayer, if His name can be glorified thereby. But let all understand that they have a work to do. God will not work in a miraculous manner to preserve the health of persons who are taking a sure course to make themselves sick, by their careless inattention to the laws of health.' *Medical Ministry*, page 13.

Lesson 10: 'Abide in me'

MEMORY VERSE: 'And Enoch walked with God: and he was not; for God took him.' Genesis 5:24.

STUDY HELP: *Gospel Workers*, pages 254-259.

Introduction

'While engaged in our daily work, we should lift the soul to heaven in prayer. These silent petitions rise like incense before the throne of grace; and the enemy is baffled. The Christian whose heart is thus stayed upon God cannot be overcome. No evil arts can destroy his peace. All the promises of God's word, all the power of divine grace, all the resources of Jehovah, are pledged to secure his deliverance. It was thus that Enoch walked with God. And God was with him, a present help in every time of need.' *Gospel Workers*, page 254.

'Pray without ceasing'

1. What counsel did Paul give for success in our spiritual life? 1 Thessalonians 5:16-18.

NOTE: 'I wish I could impress upon every worker in God's cause the great need of continual, earnest prayer. They cannot be constantly upon their knees, but they can be uplifting their hearts to God. This is the way that Enoch walked with God.' *Testimonies Volume 5*, page 596.

2. Where should our thoughts be as we go about our daily work? Colossians 3:2.

NOTE: 'Enoch's walk with God was not in a trance or a vision, but in all the duties of his daily life. He did not become a hermit, shutting himself entirely from the world; for he had, in the world, a work to do for God. In the family and in his intercourse with men, as a husband and father, a friend, a citizen, he was the steadfast, unwavering servant of God. His faith waxed stronger, his love became more ardent, with the lapse of centuries. To him prayer was as the breath of the soul. He lived in the atmosphere of heaven.' *Testimonies Volume 8*, pages 329-330.

'Pour out your heart before Him'

3. How much may we share with God as we go about our daily tasks? Psalm 62:8.

NOTE: 'Keep your wants, your joys, your sorrows, your cares, and your fears before God. You cannot burden Him; you cannot weary Him. He who numbers the hairs of your head is not indifferent to the wants of His children. "The Lord is very pitiful, and of tender mercy." James 5:11. His heart of love is touched by our sorrows and even by our utterances of them. Take to Him everything that perplexes the mind. Nothing is too great for Him to bear, for He holds up worlds, He rules over all the affairs of the universe. Nothing that in any way concerns our peace is too small for Him to notice. There is no chapter in our experience too dark for Him to read; there is no perplexity too difficult for Him to unravel. No calamity can befall the least of His children, no anxiety harass the soul, no joy cheer, no sincere prayer escape the lips, of which our heavenly Father is unobservant, or in which He takes no immediate interest. "He healeth the broken in heart, and bindeth up their wounds." Psalm 147:3. The relations between God and each soul are as distinct and full as though there were not another soul upon the earth to share His watchcare, not another soul for whom He gave His beloved Son.' *Steps to Christ*, page 100.

4. What assurance do we have that the Lord will hear our prayers? Matthew 21:22.

NOTE: 'The darkness of the evil one encloses those who neglect to pray. The whispered temptations of the enemy entice them to sin; and it is all because they do not make use of the privileges that God has given them in the divine appointment of prayer. Why should the sons and daughters of God be reluctant to pray, when prayer is the key in the hand of faith to unlock heaven's storehouse, where are treasured the boundless resources of Omnipotence? Without unceasing prayer and diligent watching we are in danger of growing careless and of deviating from the right path. The adversary seeks continually to obstruct the way to the mercy seat, that we may not by earnest supplication and faith obtain grace and power to resist temptation.' *Steps to Christ*, page 94.

'He continued all night in prayer to God'

5. When faced with a crucial decision, how did Christ prepare Himself? Luke 6:12-13.

NOTE: 'Christ gave His time, His soul, His strength, to labour for the benefit and blessing of humanity. Entire days were devoted to labour, and entire nights were spent in prayer, that He might be braced to meet the foe and fortified to help those who came to Him for relief.' *Gospel Workers*, page 115.

'It was from hours spent with God that He came forth, morning by morning, to bring the light of heaven to men. The disciples had come to connect His hours of prayer with the power of His words and works. Now, as they listened to His supplication, their hearts were awed and humbled. As He ceased praying, it was with a conviction of their own deep need that they exclaimed, "Lord, teach us to pray." Luke 11:1.' *Thoughts From The Mount Of Blessing*, page 102.

6. How did Jesus often begin the day? Mark 1:35.

NOTE: 'From hours spent with God He came forth morning by morning, to bring the light of heaven to men. Daily He received a fresh baptism of the Holy Spirit. In the early hours of the new day the Lord awakened Him from His slumbers, and

His soul and His lips were anointed with grace, that He might impart to others. His words were given Him fresh from the heavenly courts, words that He might speak in season to the weary and oppressed. "The Lord God hath given Me," He said, "the tongue of the learned, that I should know how to speak a word in season to him that is weary: He wakeneth morning by morning, He wakeneth Mine ear to hear as the learned." Isaiah 50:4.' *Christ's Object Lessons*, page 139.

'Ye shall afflict your souls'

7. What especially should be the burden of the prayers of those who live in the hour of God's judgement? Psalm 139:23-24. (Compare Leviticus 23:27.)

NOTE: 'We are now living in the great day of atonement. In the typical service, while the high priest was making the atonement for Israel, all were required to afflict their souls by repentance of sin and humiliation before the Lord, lest they be cut off from among the people. In like manner, all who would have their names retained in the book of life should now, in the few remaining days of their probation, afflict their souls before God by sorrow for sin and true repentance. There must be deep, faithful searching of heart.' *Lift Him Up*, page 330.

8. What is the sacrifice required of the Christian today? Romans 12:1-2. Compare Psalm 51:16-17.

NOTE: 'Shall we not, right here, make a covenant with God by sacrifice? Shall we not come up to the help of the Lord against the mighty powers of darkness? Who will pledge themselves today to seek the Lord while He may be found? You can not convert others until you find God for yourselves. Only when you have found Him yourselves can you make Him known to others. Will you not open your hearts and minds to the influence of the Spirit of God, so that the testimony borne will be lasting in its results?' *Second Advent Review & Sabbath Herald*, April 8, 1909.

'Men ought always to pray'

9. What parable did Jesus give to illustrate the importance of perseverance in prayer? Luke 18:1-8.

NOTE: 'Christ here draws a sharp contrast between the unjust judge and God. The judge yielded to the widow's request merely through selfishness, that he might be relieved of her importunity. He felt for her no pity or compassion; her misery was nothing to him. How different is the attitude of God toward those who seek Him. The appeals of the needy and distressed are considered by Him with infinite compassion.' *Christ's Object Lessons*, page 165.

10. Upon whose assistance may we rely in prayer? Romans 8:26.

NOTE: 'Pray often to your heavenly Father. The oftener you engage in prayer, the closer your soul will be drawn into a sacred nearness to God. The Holy Spirit will make intercession for the sincere petitioner with groanings which cannot be uttered, and the heart will be softened and subdued by the love of God. The clouds and shadows which Satan casts about the soul will be dispelled by the bright beams of the Sun of Righteousness, and the chambers of mind and heart will be illuminated by the light of Heaven.' *In Heavenly Places*, page 89.

'Ye shall ask what ye will'

11. How will a constant walk with Jesus affect our prayers? John 15:7.

NOTE: 'When you pray, present this promise. It is our privilege to come to Him with holy boldness. As in sincerity we ask Him to let His light shine upon us, He will hear and answer us. But we must live in harmony with our prayers. They are of no avail if we walk contrary to them. I have seen a father who, after reading a portion of scripture and offering prayer, would often, almost as soon as he had risen from his knees, begin to scold his children. How could God answer the prayer he had offered? And if, after scolding his children, a father offers prayer, does that prayer benefit the children? No; not unless it is a prayer of confession to God.' *Child Guidance*, page 499.

12. What was the testimony borne about Enoch? Hebrews 11:5.

NOTE: 'Enoch had temptations as well as we. He was surrounded with society no more friendly to righteousness than is that which surrounds us. The atmosphere he breathed was tainted with sin and corruption, the same as ours; yet he lived a life of holiness. He was unsullied with the prevailing sins of the age in which he lived. So may we remain pure and uncorrupted. He was a representative of the saints who live amid the perils and corruptions of the last days. For his faithful obedience to God he was translated. So, also, the faithful, who are alive and remain, will be translated. They will be removed from a sinful and corrupt world to the pure joys of heaven.' *Conflict & Courage*, page 29.

Lesson 11: 'I pray for them'

MEMORY VERSE: 'Sanctify them through Thy truth: Thy word is truth.' John 17:17.

STUDY HELP: *Testimonies Volume 8*, pages 239-244.

Introduction

'We are to learn to answer the prayer recorded in the seventeenth chapter of John. We are to make this prayer our first study. Every gospel minister, every medical missionary, is to learn the science of this prayer. My brethren and sisters, I ask you to heed these words and to bring to your study a calm, humble, contrite spirit, and the healthy energies of a mind under the control of God. Those who fail to learn the lessons contained in this prayer are in danger of making one-sided developments, which no future training will ever fully correct.' *Testimonies Volume 8*, page 239.

'I have finished the work which Thou gavest Me to do'

1. What was the purpose of Christ's life? John 17:1-2, 4.

NOTE: 'In all the gracious deeds that Jesus did, He sought to impress upon men the parental, benevolent attributes of God. In all His lessons He was seeking to teach men the wonderful truth that "God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life." Jesus would have us understand the love of the Father, and He seeks to draw us to Him by presenting His parental grace. He would have the whole field of our vision filled with the perfection of God's character. In His prayer for His disciples He says, "I have glorified Thee on the earth: I have finished the work which Thou gavest Me to do. I have manifested Thy name unto the men which Thou gavest me out of the world." Jesus came into the world to illustrate the character of God in His own life, and He swept back the misrepresentations that Satan had originated, and revealed the glory of God. It was only by living among men that He could reveal the mercy, compassion, and love of His heavenly Father; for it was only by actions of benevolence that He could set forth the grace of God.' *Sons & Daughters of God*, page 139.

2. What precious gift does Christ give to His followers and for what purpose? John 17:22.

NOTE: 'The glory of God is His character. While Moses was in the mount, earnestly interceding with God, he prayed, "I beseech Thee, show me Thy glory." In answer God declared, "I will make all My goodness pass before thee, and I will proclaim the name of the Lord before thee; and will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy." The glory of God, His character, was then revealed: "The Lord passed by before him, and proclaimed, The Lord, The Lord God, merciful and gracious, longsuffering, and abundant in goodness and truth, keeping mercy for thousands, forgiving iniquity and transgression and sin, and that will by no means clear the guilty" (Exodus 33:18, 19; 34:6, 7). This character was revealed in the life of Christ. That He might by His own example condemn sin in the flesh, He took upon Himself the likeness of sinful flesh. Constantly He beheld the character of God; constantly He revealed this character to the world. Christ desires His followers to reveal in their lives this same character. In His intercessory prayer for His disciples He declared: "The glory [character] which Thou gavest Me I have given them; that they may be one, even as We are one; I in them, and Thou in Me, that they may be made perfect in one; and that the world may know that Thou hast sent Me, and hast loved them, as Thou hast loved Me" (John 17:22, 23). Today it is still His purpose to sanctify and cleanse His church "that He might present it to Himself a glorious church, not having spot, or wrinkle, or any such thing." (Ephesians 5:26, 27).' *God's Amazing Grace*, page 322.

'This is life eternal'

3. What knowledge is essential for eternal life? John 17:3. Compare John 14:7.

NOTE: One of the major themes of John's writings, both in his Gospel and Epistles, is the knowledge that a follower of Christ must have.

'Having received the faith of the gospel, the next work of the believer is to add to his character virtue, and thus cleanse the heart and prepare the mind for the reception of the knowledge of God. This knowledge is the foundation of all true education and of all true service. It is the only real safeguard against temptation; and it is this alone that can make one like God in character. Through the knowledge of God and of His Son Jesus Christ, are given to the believer "all things that pertain unto life and godliness." No good gift is withheld from him who sincerely desires to obtain the righteousness of God.' *Acts of the Apostles*, page 530.

4. How did Jesus communicate the knowledge of God to His disciples? John 14:8-9.

NOTE: 'It would be well to spend a thoughtful hour each day reviewing the life of Christ from the manger to Calvary. We should take it point by point and let the imagination vividly grasp each scene, especially the closing ones of His earthly life. By thus contemplating His teachings and sufferings, and the infinite sacrifice made by Him for the redemption of the race, we may strengthen our faith, quicken our love, and become more deeply imbued with the spirit which sustained our Saviour. If we would be saved at last we must all learn the lesson of penitence and faith at the foot of the cross. Everything noble and generous in man will respond to the contemplation of Christ upon the cross.' *Maranatha*, page 77.

'The world hath hated them'

5. What plea did Jesus make for His disciples after He was to be taken from them? John 17:11-12.

NOTE: 'Thus in the language of one who has divine authority, Christ gives His elect church into the Father's arms. As a consecrated high priest He intercedes for His people. As a faithful shepherd He gathers His flock under the shadow of the Almighty, in the strong and sure refuge.' *Desire of Ages*, page 680.

'Jesus loves the purchase of His blood, and in passing through the scene of His humiliation to the scene of His exaltation in the heavens, He lost none of His compassionate nature. Today the same loving, tender, sympathising heart is open to all the sorrows and woes of humanity. Today the hand that was pierced is reached forth to bless more abundantly His people that are

in the world. Can Christ forget the struggling church that has been left here in the world, which has come to be like the world before the flood, fit for destruction, which has become like Sodom, meet for the wrathful fires from heaven? The Father sees the wormwood and the gall which His dear Son drank for the fallen race. He hears His prayer in behalf of His children: "I am no more in the world, but these are in the world, and I come to Thee. Holy Father, keep through Thine own name those whom Thou hast given Me, that they may be one, as We are." *Sabbath School Worker*, September 1, 1893.

6. Why does the world hate those who seek to follow Jesus? John 17:14. Compare Matthew 10:22, Luke 6:22.

NOTE: 'Through trial and persecution the glory, the character, of God is revealed in His chosen ones. The believers in Christ, hated and persecuted by the world, are educated and disciplined in the school of Christ. On earth they walk in narrow paths; they are purified in the furnace of affliction. They follow Christ through sore conflicts; they endure self-denial and experience bitter disappointments; but thus they learn the guilt and woe of sin, and they look upon it with abhorrence. Being partakers of Christ's sufferings, they can look beyond the gloom to the glory, saying, "I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us." Romans 8:18.' *Acts of the Apostles*, page 576.

'Sanctified through the truth'

7. What is the will of God for His church? 1 Thessalonians 4:3, John 17:19.

NOTE: 'John and Judas are representatives of those who profess to be Christ's followers. Both these disciples had the same opportunities to study and follow the divine Pattern. Both were closely associated with Jesus and were privileged to listen to His teaching. Each possessed serious defects of character; and each had access to the divine grace that transforms character. But while one in humility was learning of Jesus, the other revealed that he was not a doer of the word, but a hearer only. One, daily dying to self and overcoming sin, was sanctified through the truth; the other, resisting the transforming power of grace and indulging selfish desires, was brought into bondage to Satan. Such transformation of character as is seen in the life of John is ever the result of communion with Christ. There may be marked defects in the character of an individual, yet when he becomes a true disciple of Christ, the power of divine grace transforms and sanctifies him. Beholding as in a glass the glory of the Lord, he is changed from glory to glory, until he is like Him whom he adores.' *Acts of the Apostles*, page 559.

8. What means is available to us to sanctify our characters? John 17:17, Ephesians 5:26-27, Psalm 119:11.

NOTE: "Faith cometh by hearing, and hearing by the word of God." Romans 10:17. The Scriptures are the great agency in the transformation of character. Christ prayed, "Sanctify them through Thy truth; Thy word is truth." John 17:17. If studied and obeyed, the word of God works in the heart, subduing every unholy attribute. The Holy Spirit comes to convict of sin, and the faith that springs up in the heart works by love to Christ, conforming us in body, soul, and spirit to His own image. Then God can use us to do His will. The power given us works from within outwardly, leading us to communicate to others the truth that has been communicated to us.' *Christ's Object Lessons*, page 100.

'That they all may be one'

9. What was the dearest desire of Christ's heart for all His followers? John 17:20-21, 23.

NOTE: 'Harmony and union existing among men of varied dispositions is the strongest witness that can be borne that God has sent His Son into the world to save sinners. It is our privilege to bear this witness. But, in order to do this, we must place ourselves under Christ's command. Our characters must be moulded in harmony with His character, our wills must be surrendered to His will. We are of the same faith, members of one family, all children of the same heavenly Father, with the same blessed hope of immortality. How close and tender should be the tie that binds us together. The people of the world are watching us to see if our faith is exerting a sanctifying influence upon our hearts. They are quick to discern every defect in our lives, every inconsistency in our actions. Let us give them no occasion to reproach our faith.' *God's Amazing Grace*, page 210.

10. What joyful prospect awaits those who fulfil Christ's prayer for unity? John 17:24.

NOTE: 'Oh, how the divine Head longed to have His church with Him! They had fellowship with Him in His suffering and humiliation, and it is His highest joy to have them with Him to be partakers of His glory. Christ claims the privilege of having His church with Him. "I will that they also, whom Thou hast given Me, be with Me where I am." To have them with Him is according to covenant promise and agreement with His Father. He reverently presents at the mercy seat His finished redemption for His people. The bow of promise encircles our Substitute and Surety as He pours out His petition of love, "Father, I will that they also, whom Thou hast given Me, be with Me where I am; that they may behold My glory." We shall behold the King in His beauty, and the church will be glorified.' *Testimonies to Ministers*, page 20.

'I in them and Thou in Me'

11. What is the secret of unity among the followers of Christ? John 17:23, first part, Colossians 1:27.

NOTE: 'The Lord has made abundant provision that His love may be given to us as His free, abundant grace, as our inheritance in this life, to enable us to diffuse the same by being yoked up with Christ. Jesus conveys the circulating vitality of a pure and sanctified Christlike love through every part of our human nature. When this love is expressed in the character, it reveals to all those with whom we associate that it is possible for God to be formed within, the hope of glory. It shows that God loved the obedient ones as He loves Jesus Christ; and nothing less than this satisfies His desires in our behalf. As soon as the human agent becomes united with Christ in heart, soul, and spirit, the Father loves that soul as a part of Christ, as a member of the body of Christ, He himself being the glorious head.' *Fundamentals of Christian Education*, page 466.

12. What gracious invitation is made to each individual Christian? Revelation 3:20.

NOTE: 'It is the voice of Jesus asking for entrance. With every knock unheeded, the disposition to open becomes weaker. The impressions of the Holy Spirit if disregarded today, will not be as strong tomorrow. The heart becomes less impressible, and lapses into a perilous unconsciousness of the shortness of life, and of the great eternity beyond. Our condemnation in the judgement will not result from the fact that we have been in error, but from the fact that we have neglected heaven-sent opportunities for learning what is truth.' *Desire of Ages*, page 489.

'He is not repulsed by scorn or turned aside by threatening, but continually seeks the lost ones, saying, "How shall I give thee up?" Hosea 11:8. Although His love is driven back by the stubborn heart, He returns to plead with greater force, "Behold, I stand at the door, and knock." The winning power of His love compels souls to come in. And to Christ they say, "Thy gentleness hath made me great." Psalm 18:35.' *Christ's Object Lessons*, page 235.

Lesson 12: 'Wilt Thou not revive us again?'

MEMORY VERSE: 'O LORD, I have heard Thy speech, and was afraid: O LORD, revive Thy work in the midst of the years, in the midst of the years make known; in wrath remember mercy.' Habakkuk 3:2.

STUDY HELP: *Selected Messages Book 1*, pages 121-128.

Introduction

'We must pray more, and talk less. Iniquity abounds, and the people must be taught not to be satisfied with a form of godliness without the spirit and power. If we are intent upon searching our own hearts, putting away our sins, and correcting our evil tendencies, our souls will not be lifted up unto vanity; we shall be distrustful of ourselves, having an abiding sense that our sufficiency is of God.' *Selected Messages Book 1*, page 122.

'Let us return unto the Lord'

1. What should be the focus of our prayers for the church? Psalm 85:6.

NOTE: 'A revival of true godliness among us is the greatest and most urgent of all our needs. To seek this should be our first work. There must be earnest effort to obtain the blessing of the Lord, not because God is not willing to bestow His blessing upon us, but because we are unprepared to receive it. Our heavenly Father is more willing to give His Holy Spirit to them that ask Him, than are earthly parents to give good gifts to their children. But it is our work, by confession, humiliation, repentance, and earnest prayer, to fulfil the conditions upon which God has promised to grant us His blessing. A revival need be expected only in answer to prayer.' *Selected Messages Book 1*, page 122.

2. What spiritual qualities are needed for the Lord to bring revival? Isaiah 57:15.

NOTE: 'We have far more to fear from within than from without. The hindrances to strength and success are far greater from the church itself than from the world. Unbelievers have a right to expect that those who profess to be keeping the commandments of God and the faith of Jesus, will do more than any other class to promote and honour, by their consistent lives, by their godly example and their active influence, the cause which they represent. But how often have the professed advocates of the truth proved the greatest obstacle to its advancement! The unbelief indulged, the doubts expressed, the darkness cherished, encourage the presence of evil angels, and open the way for the accomplishment of Satan's devices.' *Selected Messages Book 1*, page 122.

'Rich and increased with goods'

3. How does the Lord describe the mindset of His church in the closing days of earth's history? Revelation 3:17, first part.

NOTE: 'What is our condition in this fearful and solemn time? Alas, what pride is prevailing in the church, what hypocrisy, what deception, what love of dress, frivolity, and amusement, what desire for the supremacy! All these sins have clouded the mind, so that eternal things have not been discerned. Shall we not search the Scriptures, that we may know where we are in this world's history? Shall we not become intelligent in regard to the work that is being accomplished for us at this time, and the position that we as sinners should occupy while this work of atonement is going forward? If we have any regard for our souls' salvation, we must make a decided change. We must seek the Lord with true penitence; we must with deep contrition of soul confess our sins, that they may be blotted out.' *Selected Messages Book 1*, page 125.

4. How does the Lord describe the actual spiritual condition of the church? Revelation 3:17, last part.

NOTE: 'It has been shown me that there is a fault with us, of honouring the human, flattering men, accepting their ideas, their judgement, as the voice of God, and advocating their cause. Many have such confidence in those whom they have been accustomed to regard as leaders, that they seem incapable of discerning when these persons are in error, and they are ready to cling to and defend erroneous positions, because others do so. This spirit is displeasing to God, and is dangerous to all who indulge in it; for if leading men allow themselves to be controlled by prejudice, evil surmisings, or envy, those who look to

them for an example are led astray. Brethren, trust not in man; look to God; trust in His infallible wisdom. Shun as a sin the practice, so common even among Seventh-day Adventists, of becoming the echo of any man, whatever his position. Listen to the voice of the True Shepherd, and you will never be led astray.' *Gospel Workers (1892)*, page 390.

'Turn to the Lord'

5. What promise is give to God's people if they will turn back to Him? Deuteronomy 4:30-31.

NOTE: 'There is before the church the dawn of a bright, glorious day, if she will put on the robe of Christ's righteousness, withdrawing from all allegiance to the world. God calls upon His faithful ones, who believe in Him, to talk courage to those who are unbelieving and hopeless. Turn to the Lord, ye prisoners of hope. Seek strength from God, the living God. Show an unwavering, humble faith in His power and His willingness to save. When in faith we take hold of His strength, He will change, wonderfully change, the most hopeless, discouraging outlook. He will do this for the glory of His name.' *Prophets & Kings*, page 260.

6. What does it mean for the church to 'turn to the Lord'? Lamentations 3:40-45.

NOTE: 'Only to those who wait humbly upon God, who watch for His guidance and grace, is the Spirit given. The power of God awaits their demand and reception. This promised blessing, claimed by faith, brings all other blessings in its train. It is given according to the riches of the grace of Christ, and He is ready to supply every soul according to the capacity to receive.' *Desire of Ages*, page 672.

'A proper fear of God, in believing His threatenings, works the peaceable fruits of righteousness, by causing the trembling soul to flee to Jesus. Many ought to have this spirit today, and turn to the Lord with humble contrition, for the Lord has not given so many terrible threatenings, pronounced so severe judgements in His Word, simply to have them recorded, but He means what He says. One says, "Horror hath taken hold upon me because of the wicked that forsake Thy law," Paul says, "Knowing therefore the terror of the Lord, we persuade men"' *Second Advent Review & Sabbath Herald*, October 21, 1890

'Be zealous therefore and repent'

7. What qualities does the Lord wish to develop in His people? Revelation 3:18.

NOTE: 'We must have the buyers and the sellers cleared out of the soul temple, that Jesus may take up His abode within us. Now He stands at the door of the heart as a heavenly merchantman; He says, "Open unto me; buy of Me the heavenly wares; buy of Me the gold tried in the fire." Buy faith and love, the precious, beautiful attributes of our Redeemer. He invites us to buy the white raiment, which is His glorious righteousness; and the eyesalve, that we may discern spiritual things. Oh, shall we not open the heart's door to this heavenly visitor?' *Our High Calling*, page 350.

8. What price must we pay to receive these precious gifts? Matthew 13:44, Luke 14:33.

NOTE: 'The believer is to bear in mind that he is dedicated to God, to Christ, and to the Holy Spirit. He is to make all worldly considerations secondary to this new relation. Publicly he has declared that he will no longer live in pride and self-indulgence. He is no longer to live a careless, indifferent life. He has made a covenant with God. He has died to the world. He is to live to the Lord, to use for Him all his entrusted capabilities, never losing the realisation that he bears God's signature, that he is a subject of Christ's kingdom, a partaker of the divine nature. He is to surrender to God all that he is and all that he has, employing all his gifts to His name's glory.' *Evangelism*, page 316.

'I will spew thee out'

9. If the church is unwilling to heed Christ's call to repentance, what does the Lord promise to do? Revelation 3:15-16.

NOTE: 'What greater deception can come upon human minds than a confidence that they are right, when they are all wrong? The message of the True Witness finds the people of God in a sad deception, yet honest in that deception. They know not that their condition is deplorable in the sight of God. While those addressed are flattering themselves that they are in an exalted spiritual condition, the message of the True Witness breaks their security by the startling denunciation of their true situation of spiritual blindness, poverty, and wretchedness. The testimony, so cutting and severe, cannot be a mistake; for it is the True Witness who speaks, and his testimony must be correct.' *Second Advent Review & Sabbath Herald*, September 16, 1873.

10. What work will purify the church? Hebrews 12:26-27.

NOTE: 'I asked the meaning of the shaking I had seen and was shown that it would be caused by the straight testimony called forth by the counsel of the True Witness to the Laodiceans. This will have its effect upon the heart of the receiver, and will lead him to exalt the standard and pour forth the straight truth. Some will not bear this straight testimony. They will rise up against it, and this is what will cause a shaking among God's people. I saw that the testimony of the True Witness has not been half heeded. The solemn testimony upon which the destiny of the church hangs has been lightly esteemed, if not entirely disregarded. This testimony must work deep repentance; all who truly receive it will obey it and be purified.' *Early Writings*, page 270.

'The church may appear as about to fall, but it does not fall. It remains, while the sinners in Zion will be sifted out, the chaff separated from the precious wheat. This is a terrible ordeal, but nevertheless it must take place. None but those who have been overcoming by the blood of the Lamb and the word of their testimony will be found with the loyal and true, without spot or

stain of sin, without guile in their mouths. We must be divested of our self-righteousness and arrayed in the righteousness of Christ.' *Selected Messages Book 2*, page 380.

'A remnant shall be saved'

11. How does the Bible picture the remnant of God's people? Zephaniah 3:12-13.

NOTE: 'In the last solemn work few great men will be engaged. They are self-sufficient, independent of God, and He cannot use them. The Lord has faithful servants, who in the shaking, testing time will be disclosed to view. There are precious ones now hidden who have not bowed the knee to Baal. They have not had the light which has been shining in a concentrated blaze upon you. But, it may be under a rough and uninviting exterior the pure brightness of a genuine Christian character will be revealed. In the daytime we look toward heaven, but do not see stars. They are there, fixed in the firmament, but the eye cannot distinguish them. In the night we behold their genuine lustre. The time is not far distant, when the test will come to every soul. In this time, the gold will be separated from the dross in the church. True godliness will be clearly distinguished from the appearance and tinsel of it. Many a star that we have admired for its brilliancy, will then go out in darkness. Chaff like a cloud will be borne away on the wind, even from places where we see only floors of rich wheat. All who assume the ornaments of the sanctuary, but are not clothed with Christ's righteousness, will appear in the shame of their own nakedness.' *Christian service*, page 49.

12. What is to be our prayer for God's church? Hosea 6:1-3.

NOTE: 'A revival and a reformation must take place, under the ministration of the Holy Spirit. Revival and reformation are two different things. Revival signifies a renewal of spiritual life, a quickening of the powers of mind and heart, a resurrection from spiritual death. Reformation signifies a reorganisation, a change in ideas and theories, habits and practices. Reformation will not bring forth the good fruit of righteousness unless it is connected with the revival of the Spirit. Revival and reformation are to do their appointed work, and in doing this work they must blend.' *Selected Messages Book 1*, page 128.

13. What promise do we have that revival will do its work among God's people? Hosea 14:7.

NOTE: 'Are we hoping to see the whole church revived? That time will never come. There are persons in the church who are not converted, and who will not unite in earnest, prevailing prayer. We must enter upon the work individually. We must pray more, and talk less.' *Selected Messages Book 1*, page 122.

'The Lord will carry out His plans through a variety of ways and instruments. It is not alone the most talented, not alone those who hold high positions of trust, or are the most highly educated from a worldly point of view, whom the Lord uses to do His grand and holy work of soul-saving. He will use simple means; He will use many who have had few advantages to help in carrying forward His work. He will, by the use of simple means, bring those who possess property and lands to a belief of the truth, and these will be influenced to become the Lord's helping hand in the advancement of His work.' *Selected Messages Book 1*, page 128.

Lesson 13: 'Praise ye the LORD'

MEMORY VERSE: 'Let everything that hath breath, praise the Lord. Praise ye the Lord' Psalm 150:6.

STUDY HELP: *Steps to Christ*, pages 115-126.

Introduction

'Nothing tends more to promote health of body and of soul than does a spirit of gratitude and praise. It is a positive duty to resist melancholy, discontented thoughts and feelings, as much a duty as it is to pray. If we are heaven-bound, how can we go as a band of mourners, groaning and complaining all along the way to our Father's house?' *Ministry of Healing*, page 251.

'Rejoice in the Lord always'

1. What should be the continual attitude of our hearts towards God? Philippians 4:4.

NOTE: 'The melody of praise is the atmosphere of heaven; and when heaven comes in touch with the earth, there is music and song, "thanksgiving, and the voice of melody." Isaiah 51:3. Above the new-created earth, as it lay, fair and unblemished, under the smile of God, "the morning stars sang together, and all the sons of God shouted for joy." Job 38:7. So human hearts, in sympathy with heaven, have responded to God's goodness in notes of praise. Many of the events of human history have been linked with song.' *Education*, page 161.

'Make your work pleasant with songs of praise. If you would have a clean record in the books of heaven, never fret or scold. Let your daily prayer be, "Lord, teach me to do my best. Teach me how to do better work. Give me energy and cheerfulness." Bring Christ into all that you do. Then your lives will be filled with brightness and thanksgiving. Let us do our best, moving forward cheerfully in the service of the Lord, with our hearts filled with His joy.' *Child Guidance*, page 148.

2. How does Paul link prayer and praise? 1 Thessalonians 5:16-17.

NOTE: 'We do not value as we should the power and efficacy of prayer. "The Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be

uttered” (Romans 8:26). God desires us to come to Him in prayer, that He may enlighten our minds. He alone can give clear conceptions of truth. He alone can soften and subdue the heart. He can quicken the understanding to discern truth from error. He can establish the wavering mind and give it a knowledge and a faith that will endure the test. Pray, then; pray without ceasing. The Lord who heard Daniel’s prayer will hear yours if you will approach Him as Daniel did. Let us live in close communion with God. The joy of the Christian arises from a sense of God’s love and care for His children and the assurance that He will not leave them alone in their weakness.’ *In Heavenly Places*, page 75.

‘And again I say, Rejoice’

3. At what times did Jesus exhort us to rejoice? Luke 6:22-23.

NOTE: ‘I am satisfied with the working of the Lord. If unbelief is multiplied, through the exercise of unbelief in the testimonies, having done all we can do, we will talk faith, and work on the affirmative side of the question. If my name is cast out as evil, I am in excellent company. Those who would not receive Christ were dead in trespasses and sins. As they looked upon the evidences that He presented, by curing disease and making the suffering ones rejoice in health, why did they not yield their unbelief? Because by such an action they would have confessed themselves to be sinners. In the place of receiving the evidence offered them, in the place of recognising in Christ’s works the endowment of heaven, they held right on to their wicked purposes, and said, He performed this wonderful work through the devil. This was the sin against the Holy Ghost. They had not forgiveness in this world, nor in the world to come.’ *Loma Linda Messages*, pages 155-156.

‘Living faith in the power of Jesus Christ, not in your own efficiency and wisdom, will bring you through every difficulty and temptation. Patiently wait, watch, and pray, and hold fast to the promises. However much your enemies have bruised and wounded your soul, forgive them, and by maintaining faith in Christ, you will find Him to be to you as the shadow of a great Rock in a weary land. Endure the pressure. Submit to wrong, bear the suffering part of religion for Christ’s sake, rather than sin against God by seeking to deliver yourself. Cannot you be a partaker with Christ in His sufferings? Cannot you endure to have your name cast out as evil, and suffer the loss of temporal interest? You may be falsely accused, but bear in mind that Jesus bore all this for you, and faint not at tribulation. Overcome evil with good. Do not become bitter and estranged from Jesus. He loves you. Put your trust in Him.’ *The Upward Look*, page 42.

4. How did Paul find cause to rejoice even in those who preached with wrong motives? Philippians 1:15-18.

NOTE: ‘In every age God’s chosen messengers have been reviled and persecuted, yet through their affliction the knowledge of God has been spread abroad. Every disciple of Christ is to step into the ranks and carry forward the same work, knowing that its foes can do nothing against the truth, but for the truth. God means that truth shall be brought to the front and become the subject of examination and discussion, even through the contempt placed upon it. The minds of the people must be agitated; every controversy, every reproach, every effort to restrict liberty of conscience, is God’s means of awakening minds that otherwise might slumber.’ *Thoughts from the Mount of Blessing*, page 33.

‘To the praise of His glory’

5. What is perhaps the best way of praising God? Philippians 1:11, Ephesians 1:12.

NOTE: ‘The Christian will be a saviour of life unto life to others, although he may not be able to explain the mysteries of his experience. But he will know that when clouds and darkness compassed him about, and he cried unto the Lord, the darkness was dispersed, and peace and joy were in the temple of the soul. He will know what it is to have the pardoning love of God revealed to the heart, to experience the peace that passeth all understanding, to have praise and thanksgiving and adoration welling up in the soul unto Him who has loved us, and washed us from our sins in His own blood. He has peace through Jesus Christ, and joy in the Holy Ghost. One with Christ, his soul is filled with submission to His will, and heaven is enshrined in his heart while he is enfolded in the bosom of infinite love. Christians of this order will bear much fruit to the glory of God. They will rightly interpret the character of God, and manifest His attributes unto the world.’ *Signs of the Times*, April 3, 1893.

6. In all life’s experiences, what should continually be on our lips? Hebrews 13:15.

NOTE: ‘We need to praise God much more than we do. We are to show that we have cause for rejoicing. “Ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should show forth the praises of Him who hath called you out of darkness into His marvellous light” (1 Peter 2:9). Are we doing this as fully as we should? Are we revealing that love in the home that will honour and glorify our Redeemer? However black the clouds that roll upon the world at the present time, there is light beyond. Ignorance, superstition, darkness, unbelief strong and masterful, will meet us at every step we advance. But our faith must soar above all and see the bow of promise encircling the throne. We must reflect the light with pen and voice, praising God before the world.’ *In Heavenly Places*, page 96.

‘Rejoice with joy unspeakable’

7. What should be our response to trial and temptation? 1 Peter 1:5-9.

NOTE: ‘With a song, Jesus in His earthly life met temptation. Often when sharp, stinging words were spoken, often when the atmosphere about Him was heavy with gloom, with dissatisfaction, distrust, or oppressive fear, was heard His song of faith and holy cheer. On that last sad night of the Passover supper, as He was about to go forth to betrayal and to death, His voice was lifted in the psalm:

“Blessed be the name of the Lord

From this time forth and for evermore.

From the rising of the sun until the going down of the same
The Lord's name is to be praised." *Education*, page 166.

8. What precious privilege do trials afford us? 1 Peter 4:12-13.

NOTE: 'The watchful Christian is a working Christian, seeking zealously to do all in his power for the advancement of the gospel. As love for his Redeemer increases, so also does love for his fellow men. He has severe trials, as had his Master; but he does not allow affliction to sour his temper or destroy his peace of mind. He knows that trial, if well borne, will refine and purify him, and bring him into closer fellowship with Christ. Those who are partakers of Christ's sufferings will also be partakers of His consolation and at last sharers of His glory.' *Acts of the Apostles*, page 261.

'Both he that soweth and he that reapeth may rejoice together'

9. What spirit of co-operation should bring rejoicing to those who are working for God? John 4:36.

NOTE: 'Today in His great harvest-field God has need of sowers and of reapers. Let those who go forth into the work, some to sow and some to reap, remember that they are never to take to themselves the glory for the success of their work. God's appointed agencies have been before them, preparing the way for the sowing of the seed and the reaping of the harvest. "I sent you to reap that whereon ye bestowed no labour," Christ said; "other men laboured, and ye are entered into their labours." [John 4:38.] "He that reapeth receiveth wages, and gathereth fruit unto life eternal: that both he that soweth and he that reapeth may rejoice together." [John 4:36.] Read these words carefully. Study their meaning; for they outline God's plan. Those who sow the seed, presenting before large and small gatherings the testing truth for this time, at the cost of much labour, may not always gather the harvest. Often the Lord's workers are bitterly opposed, and their work is hindered. They do their best; with earnest, painstaking effort they sow the good seed. But the element of opposition becomes fiercer and fiercer. Some of the hearers may be convinced of the truth, but they are intimidated by the opposition shown, and they have not the courage to acknowledge their convictions. The lives of the workers may be endangered by those who are controlled by Satan. It is then their privilege to follow the example of their Master, and go to another place. "Ye shall not have gone over the cities of Israel," Christ said, "till the Son of man be come." [Matthew 10:23.] Let the messengers of truth pass on to another field. Here may be a more favourable opportunity for work, and they may successfully sow the seed of truth and reap the harvest. The report of their success will find its way to the place where the work was apparently unsuccessful, and the next messenger of truth who goes there will be more favourably received.' *Gospel Workers*, pages 409-410.

10. Should God's people glory in the gifts and talents that God has bestowed on them? Luke 10:19-20.

NOTE: 'The light reflected from the cross of Calvary will humble every proud thought. Those who seek God with all the heart, and accept the great salvation offered them, will open the door of the heart to Jesus. They will cease to ascribe glory to themselves. They will not pride themselves on their acquirements, or take credit to themselves for their capabilities, but will regard all their talents as God's gifts, to be used to His glory. Every intellectual ability they will regard as precious only as it can be used in the service of Christ.' *Our High Calling*, page 114.

'While I live, will I praise the Lord'

11. What should be the greatest cause for our rejoicing? Romans 5:1-2.

NOTE: 'Abundant grace has been provided that the believing soul may be kept free from sin; for all heaven, with its limitless resources, has been placed at our command. We are to draw from the well of salvation. Christ is the end of law for righteousness to everyone who believeth. In ourselves we are sinners; but in Christ we are righteous. Having made us righteous through the imputed righteousness of Christ, God pronounces us just, and treats us as just. He looks upon us as His dear children. Christ works against the power of sin, and where sin abounded, grace much more abounds. "Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: by whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God" (Romans 5:1, 2).' *Selected Messages Book 1*, page 394.

12. What lesson of praise to God may we learn from the psalmist? Psalm 146:1-2.

NOTE: 'To praise God in fullness and sincerity of heart is as much a duty as is prayer. We are to show to the world and to all the heavenly intelligences that we appreciate the wonderful love of God for fallen humanity and that we are expecting larger and yet larger blessings from His infinite fullness. Far more than we do, we need to speak of the precious chapters in our experience. After a special outpouring of the Holy Spirit, our joy in the Lord and our efficiency in His service would be greatly increased by recounting His goodness and His wonderful works in behalf of His children. These exercises drive back the power of Satan. They expel the spirit of murmuring and complaint, and the tempter loses ground. They cultivate those attributes of character which will fit the dwellers on earth for the heavenly mansions.' *Christ's Object Lessons*, pages 299-300.